



# TIME USE SURVEY IN NAGALAND

*Conducted under Support for Statistical  
Strengthening (SSS) Sub-scheme  
2025*



**Directorate of Economics & Statistics  
Government of Nagaland**



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# Preface

The Directorate of Economics & Statistics, Nagaland conducted **Time Use Survey** during 2025 to know the time disposition on different activities by the people of the State. The information were collected from the household members who were at the age of 6 years and above. Through this survey, the participation and time spent by the persons in paid activities, unpaid caregiving activities, unpaid volunteer work, unpaid domestic service producing activities, learning, socializing, leisure activities and self-care activities were measured. Average time spent on different activities by people in 24 hours were estimated gender wise and also by place of residence.

**Time Use Survey (TUS)** was conducted under *Support for Statistical Strengthening (SSS)* sub-scheme, under Ministry of Statistics and Programme Implementation (MoSPI), to strengthen the statistical capacity and data dissemination so as to enable the policy makers to formulate the data driven policies in the country.

The survey provides valuable insights into the status of female engagement in different activities as compared to male, forming the invisible backbone of households and economies, which are, often undervalued and unrecognized. These findings reflects and perpetuates gender-based inequalities and stereotypes. The survey further highlights the average time spending on different activities by different age groups.

I acknowledge the contributions made by the Nodal Officer of *Support for Statistical Strengthening (SSS)* sub-scheme Shri Charles N Kikon, Additional Director and Programme Officer Shri Kiutan Simon for bringing out the report.

I also extend my sincere appreciation to all the District Economics and Statistics Officers and Field Enumerators for collection of data.

I hope this report will be helpful to the policy makers, researchers, administrators and stakeholders.

Date: 12/01/2026

Place: Kohima



(NEIDILHOU KEDITSU)

Director

Economics & Statistics  
Nagaland, Kohima.

# Foreword

The report on 'Time Use Survey in Nagaland' captures time disposition on different aspects of human activities in a day, be it paid or unpaid domestic activities and other related activities, for measuring various aspects of gender statistics in Nagaland.

I acknowledge the support and financial assistance provided by the Ministry of Statistics and Programme Implementation, Government of India, under Support for Statistical Strengthening (SSS) sub-scheme.

I would also like to place on record my sincere appreciation to the officers and staff of the Department for their invaluable contributions towards bringing out the report.

I am certain that the report will be of great utility to the policy makers and practitioners, researchers, administrators and other stakeholders.

Date: 22/01/2026

Place: Kohima



(AKUNU S MEYASE), IAS  
Secretary to the Government of Nagaland

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## EXECUTIVE SUMMARY

1. The total number of households covered in Time Use Survey is 800 households, out of which 550 households are from rural and 250 households from urban.

The total number of household members of age 6 years and above covered in this survey is 2000, out of which 993 are male and 1007 are female.

2. The rate of participation for male is 49.65% and female 50.35%. For rural it is 56.5% and urban 43.5%.

3. The average time spent in 24 hours by people in Nagaland on unpaid domestic work is 360 minutes, of which male spent 120 minutes and female spent 240 minutes.

4. The average time spend on non-economic activities in 24 hours by male is 1230 minutes and female 1284 minutes.

The residents of rural areas spent 1230 minutes and urban residents spent 1303 minutes in a day on non-economic activities.

5. The average time spent in 24 hours on employment/paid and related activities by male is 210 minutes and by female 156 minutes.

The rural residents spent 210 minutes and urban residents spent 138 minutes on employment/paid and related activities.

6. On an average in a day, male and female spent 114 minutes and 108 minutes respectively on learning, reading, schooling and tuition.

7. The average time spent in 24 hours on leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time and chatting by male is 228 minutes and by female 180 minutes.

8. On an average in 24 hours, male and female spent 120 minutes and 240 minutes respectively on cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care, etc.

9. On an average in 24 hours, male and female spent 210 minutes and 156 minutes respectively on Office work, wage labour, farm work and businesses.

10. In 24 hours, male spend 768 minutes and female spent 756 minutes on self-care and maintenance (including sleeping, eating, drinking and bathing).

11. On an average, the school-age group (6 years -14 years) spent 396 minutes in a day on learning, reading, schooling and tuition.
12. The working age group (15 years-60 years) spent on an average 204 minutes a day on employment and related activities and 72 minutes on learning, 204 minutes on domestic work, 210 minutes on leisure, social media and related activities, and 750 minutes on self-care and maintenance.
13. On an average, the senior citizens who are at the age of 61 years and above, spent 241.1 minutes in a day on leisure, social media, religious and social activities, 210 minutes on employment related activities, 192 minutes on domestic work, 12 minutes on learning and reading, and 784.2 minutes on self-care and maintenance.
14. By district wise, the residents of Wokha district spent the highest time on domestic unpaid work which is 336 minutes in a day as compared to 66 minutes spent by residents of Kiphire district which is lowest in Nagaland. Notably, in all the districts of Nagaland, female have more average time spent on unpaid domestic activities than the male population.
15. In 24 hours, the most average time spent on employment/paid and related activities in Nagaland is 346 minutes by the residents of Zunheboto district and the lowest time spent on such activities is 68 minutes by female residents of Dimpaur district.
16. The residents of Kiphire district spent most time on an average (216 minutes) in a day on learning, reading, schooling and tuition. Whereas, the residence of Wokha district spent the lowest time (42 minutes) doing the mentioned activities.
17. On an average, the residents of Kohima district spent the most time (280 minutes) in a day on leisure, social media and other related activities as compared to residents of other district.
18. On an average, the most time spent in a day on domestic work is (276 minutes) by the residents of Wokha district. The residents of Kiphire district, on the other hand, spend on an average the least amount of time (125.4 minutes).
19. The residents of Longleng and Zunheboto districts spent the most on office work, wage work, farm work and business activities in Nagaland (300 minutes). The residents of Dimapur district spent the least i.e., 104 minutes a day on such activities.
20. On an average, the residents of Kohima district spent the most time on self-care and maintenance (954 minutes) as compared to the least time spent (672 minutes) by the residents of Wokha district.



**Chapter 1**  
**TIME USE SURVEY**

# CHAPTER-1

## TIME USE SURVEY

### 1.0 Introduction

**1.1** Time-use statistics are quantitative summaries of how individuals “spend” or allocate their time over a specified period— typically over a day or a week. It describe the daily life of a population in terms of what people do, how much time they spend, and the context of those activities. Time Use Survey (TUS) provides a framework for measuring time dispositions by the population on different activities. One distinguishing feature of Time Use Survey from other household surveys is that it can capture time disposition on different aspects of human activities, be it paid, unpaid or other activities with much detail. In recent years, Time Use Surveys have gained much impetus among policy makers and other data users for their usefulness in measuring various aspects of gender statistics.

The survey was conducted to collect detailed information on how individuals spend their time on paid activities, unpaid activities, learning, socializing, leisure activities, self-care activities, etc. A need was felt to measure the 'invisible' unpaid work of men and women to estimate the contribution of unpaid work. Time Use Survey gives a complete picture of the society by providing detailed information about how people spend their days (all 24 hours) on different economic and non-economic activities.

**1.2** Time Use studies contribute in three major areas, and in that sense this survey method is standing on three main pillars:

- Time Use studies provide complete picture of the society by making those areas visible which are not visible in the present statistical system.
- Time Use studies throw light on the paid and unpaid work of men and women, (and estimate the contribution of unpaid work) which may help in integrating paid and unpaid work in national policies, and
- Time Use Survey provides better estimates of work and workers, and thereby contribute significantly towards improvement in the conventional economic statistics.

### 1.3 Objectives of the survey

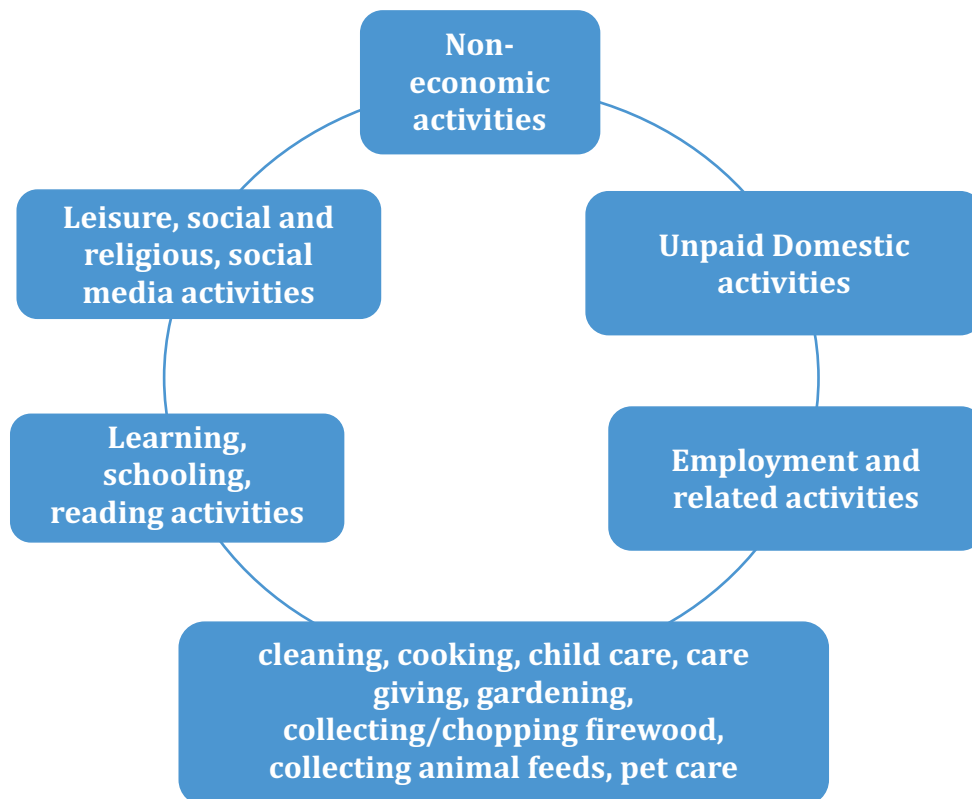
- To measure the participation of persons in paid and unpaid activities.
- To estimate the average time spend on economic and non-economic activities by the household members.

- This survey will also provide information on time spent on learning, socializing, leisure activities, self-care activities, social media etc. by the household members.
- To estimate the average time spend by different age group, gender wise, urban and rural population.

### 1.3.1 Scope of the survey

Time Use Survey aims to provide an average time spent by household members on different activities. The survey covers the eleven districts of Nagaland. At the sub-state level, district wise reports are presented as per sample allocated based on available population data, however, newly created districts (Noklak, Chumoukedima, Niuland, Tseminyu, Shamator and Meluri) data could not be undertaken separately due to lack of disaggregated data. Regardless, household samples of these districts were assigned within the existing districts.

### 1.4 Activities classification



### 1.5 Geographical coverage

This survey covered the eleven districts (Kohima, Dimapur, Kiphire, Longleng, Mokokchung, Peren, Phek, Mon, Tuensang, Wokha, Zunheboto) of Nagaland.

### 1.6 Survey Duration

The survey period is for one year (Jan. to Dec. 2025)  
(field enumeration work was undertaken during the month of January to April, 2025).

### 1.7 Sample Design – Outline

- A stratified multi stage design was adopted for this survey
- First Stage Units (FSU) –
  - **Rural sector** 2011 Census list of villages and population
  - **Urban sector** Census Enumerated Blocks (CEBs)
- Ultimate Stage Units (USU) will be households in both sectors

### 1.8 Parameters for selecting the households

- Urban:- Pucca House and Semi-pucca house
- Rural:- Pucca house, Semi-pucca house and Kutcha house

### 1.9 Sample Size (*Probability Proportional to Size (PPS)*)

For determining the sample size, Yamane's formula was followed

*Yamane's formula:  $n = N / (1 + N(e)^2)$*

The variables in the formula are:

*n = the sample size*

*N = the total households in the study region*

*e = the margin error taken at 5%*

The sample size is calculated at 400 households (HHs) . However, as the study is a statewide exercise, the sample is then multiplied by two. A final state sample of 800 HHs is calculated for the entire state of Nagaland.

As mentioned earlier, the district wise allocation of the state sample is made according to the proportion of district population using Probability Proportional to Size (PPS) approach. The district sample is then divided into rural and urban samples as per rural-urban population by employing PPS technique again.

### 1.10 District wise sample allocation

District	Household sample from each district	No. of wards	No. of HHs to be selected from each ward	No. of PSU	No. of HHs to be selected from each PSU (village)
Kohima	108	13	58	14	50
Dimapur	152	21	80	18	72
Mokokchung	78	6	24	15	54
Wokha	68	3	16	13	52
Zunheboto	56	3	12	12	44
Phek	66	3	10	16	56
Peren	38	2	6	8	32
Tuensang	80	4	16	15	64
Mon	102	3	16	18	86
Longleng	22	2	4	5	18
Kiphire	30	2	8	6	22
<b>Total</b>	<b>800</b>	<b>62</b>	<b>250</b>	<b>140</b>	<b>550</b>

### 1.11 Total sample size

- In total, 800 households were surveyed, where the information on each household members of age 6 years and above were collected.
- 550 households in rural areas and 250 households in urban areas were surveyed.
- Information were collected from each household members who are at the age of 6 years and above
- In all, there were 2,000 respondents, 1,130 from rural and 870 from urban, of which 993 were male and 1007 female.

**1.12 Coverage**

Information on activity particulars were collected for each household member of age 6 years and above.

**1.13 Reference period**

Information on time-use was collected with a reference period of 24 hours starting from 4:00 AM on the day before the date of interview to 4:00 AM on the day of the interview.

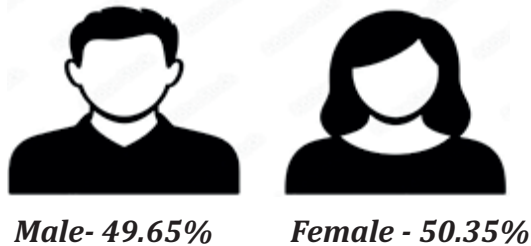
**1.14 Estimated average time spent**

The estimated average time used is ascertained by taking average of all the activities and the time taken for such activities. The average is calculated using the formula;

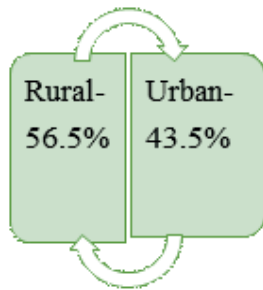
$$\text{Average} = (a_1 + a_2 + \dots + a_n) / n$$

**1.15 Rate of participation**

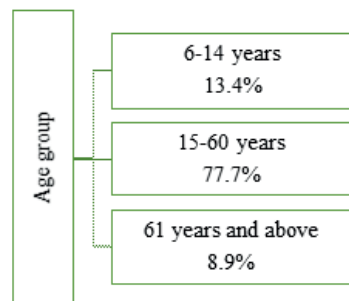
- Gender



- Place of residence



- Age group



### 1.16 Data relevance of Time Use Survey

Time-use statistics are used to analyse policies, particularly to measure unpaid household service work, well-being, and gender equality. They are also critical to guide policies and research related to all forms of work, care, commuting, and transportation as well as education, health, culture, environment, and sports. Over time, time-use statistics also offer meaningful insights into the changing patterns of how people use their time and the impact that technologies, such as the Internet, have on how people allocate their time.



**Chapter 2**  
**CONCEPTS AND DEFINITION**

# CHAPTER-2

## CONCEPTS AND DEFINITION

**2.1 Population coverage:** The following rules regarding the population to be excluded during selection of households and persons:

- Under-trial prisoners in jails and indoor patients of hospitals, nursing homes etc.,
- Floating population, i.e., persons without any normal residence will not be surveyed.
- Foreign nationals will not be surveyed, nor do their domestic servants, if, by definition, the latter belong to the foreign national's household.
- Persons residing in barracks of military and paramilitary forces (like police, BSF, etc.) will be kept outside the survey coverage due to difficulty in conduct of survey therein.
- Orphanages, rescue homes, ashrams and vagrant houses are outside the survey coverage.

**2.2 House:** Every structure, tent, shelter, etc. is a house irrespective of its use. It may be used for residential or non-residential purpose or both or even may be vacant.

**2.3 Household:** A group of persons normally living together and taking food from a common kitchen will constitute a household. It will include temporary stay-aways (those whose total period of absence from the household is expected to be less than 6 months) but exclude temporary visitors and guests (expected total period of stay less than 6 months). Even though the determination of the actual composition of a household will be left to the judgment of the head of the household.

**2.4 Household size:** The number of members of a household is its size.

**2.5 Economic activity:** The entire spectrum of human activity falls into two categories: economic activity and non-economic activity. Any activity that results in production of goods and services that adds value to national product is considered as an economic activity. The economic activities have two parts - market activities and non-market activities. Market activities are those that involve remuneration to those who perform it, i.e., activity performed for pay or profit. Such activities include production of all goods and services for market including those of government services, etc. Non-market activities are those involving the production of primary commodities for own consumption and own account production of fixed assets.

**2.6 Regular salaried / wage employee:** Persons working in other's farm or non-farm enterprises (both household and non-household) and getting in return salary or wages on a regular basis (and not on the basis of daily or periodic renewal of work contract) are the regular wage/

salaried employees. *This category not only includes persons getting time wage but also persons receiving piece wage or salary and paid apprentices, both full time and part-time.*

**2.7 Casual wage labour:** A person casually engaged in other's farm or non-farm enterprises (both household and non-household) and getting in return wage according to the terms of the daily or periodic work contract is a casual wage labour. Usually, in the rural areas, one category of casual labourers can be seen who normally engage themselves in 'public works' activities.

**2.8 Public works:** 'Public works' are those activities which are sponsored by Government or Local Bodies, and which cover local area development works like construction of roads, dams, bunds, digging of ponds, etc., as relief measures, or as an outcome of employment generation schemes under the poverty alleviation programme, e.g. National Rural Employment Guarantee (NREG) works.

**2.9 Non-economic activities:** Those activities which are performed with the purpose of rendering services to the household or any member of the household without considering any financial gain, but for personal content or for meeting human sentiments, activities on personal care and maintenance, other social and religious activities are term as non-economic activities.

**2.10 Unpaid status of the activity:** Those activities regulated to;

- Care for children, sick, elderly, differently-abled persons in household
- Voluntary work for production of goods in household
- Households chores

**2.11 Paid activity status:** Those activities which are undertaken for payment- self-employment for production of goods and services, casual labour for production of goods and services.

## **2.12 Employment and related activities**

Average time spent on paid activities- office, field work, wage work, businesses, public works, employment and related activities.

**2.13 Demographic particulars of household members:** Household members who were above the age of 6 years were considered in this survey.

**2.14 Age:** Age is the length of years a household members has lived since birth

**2.15 Gender:** Gender refers to whether a household member identifies as male, female or others.

**2.16 Day:** Day refers to 24 hours, starting from 4:00 AM preceding the day of survey to 4:00 AM on the day of survey



**Chapter 3**  
**TIME USE IN NAGALAND**

# CHAPTER-3

## TIME USE IN NAGALAND

**3.1** An average Time Use in Nagaland was estimated on the basis of 24 hours format, from 4:00 A.M preceding the day of survey to 4:00 A.M on the day of survey. To measure the time disposition on the activities, different activities were categorized into major activities, inclusive of all the activities performed during 24 hours. Average time spent on employment and related activities and non-economic activities were also further estimated. Average time spent on unpaid domestic activity gender wise is also estimated to report the time engagement between gender and people living in rural and urban areas. Categorically, the five major heads of activities are,

- Average time spent on learning, reading, studying, school, tuition
- Average time spent on leisure, social and cultural gathering, shopping, religious activities, family time, social media, sports
- Average time spent on cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care
- Average time spent on employment and related activities-office work, wage labour, field work, business
- Average time spent on self-care and maintenance, eating, drinking and sleeping

### **3.2 The number of households and number of persons covered in the survey**

For the purpose of allocating the sample, all the districts' population census were considered, and sample size were distributed based on 2011 census. The household members who have completed the age of 6 years and above only were selected for collecting the information. The total number of households and selected persons covered in the survey is given in the Table 3.1 below

**Table 3.1: Number of households and persons**

<b>Particulars</b>	<b>Rural</b>	<b>Urban</b>	<b>Total</b>
No. of households	550	250	800
No. of persons selected for the survey	1130	870	2000

### 3.3 District wise distribution of persons selected for the survey

To estimate the time use at the sub-state level, each district was allocated sample based on population (2011 census). Further, rural and urban areas were allocated sample based on disaggregated district data. From the given sample households, the no. of persons selected in the survey is given below.

**Table 3.2: District wise distribution of persons by place of residence**

District	Rural	Urban	Total
Dimapur	138	162	300
Kohima	118	185	303
Kiphire	72	54	126
Longleng	86	52	138
Mokokchung	97	65	162
Mon	136	62	198
Peren	80	59	139
Phek	114	58	172
Tuensang	114	50	164
Wokha	82	60	142
Zunheboto	93	63	156
<b>ALL</b>	<b>1130</b>	<b>870</b>	<b>2000</b>

### 3.4 District wise distribution of persons gender wise selected for the survey

As per the allocated sample, the rate of participation as respondents for male and female is 49.65% and 50.35% respectively. The distributed number of respondents both male and female for each district is given in the table 3.3

**Table 3.3: Gender wise distribution of persons**

District	Male	Female	Total
Dimapur	155	145	300
Kohima	142	161	303
Kiphire	64	62	126
Longleng	67	71	138
Mokokchung	78	84	162
Mon	104	94	198
Peren	69	70	139
Phek	84	88	172
Tuensang	82	82	164
Wokha	71	71	142
Zunheboto	77	79	156
<b>ALL</b>	<b>993</b>	<b>1007</b>	<b>2000</b>

### 3.5 Distribution of persons by age group

For the purpose of estimating the average time spent by the people, different age groups are categorized into school-age child i.e., from 6 years to 14 years, working age population i.e., from 15 years to 60 years and senior citizens who are at the age of 61 years and above. The table below shows the number of respondents from each age group.

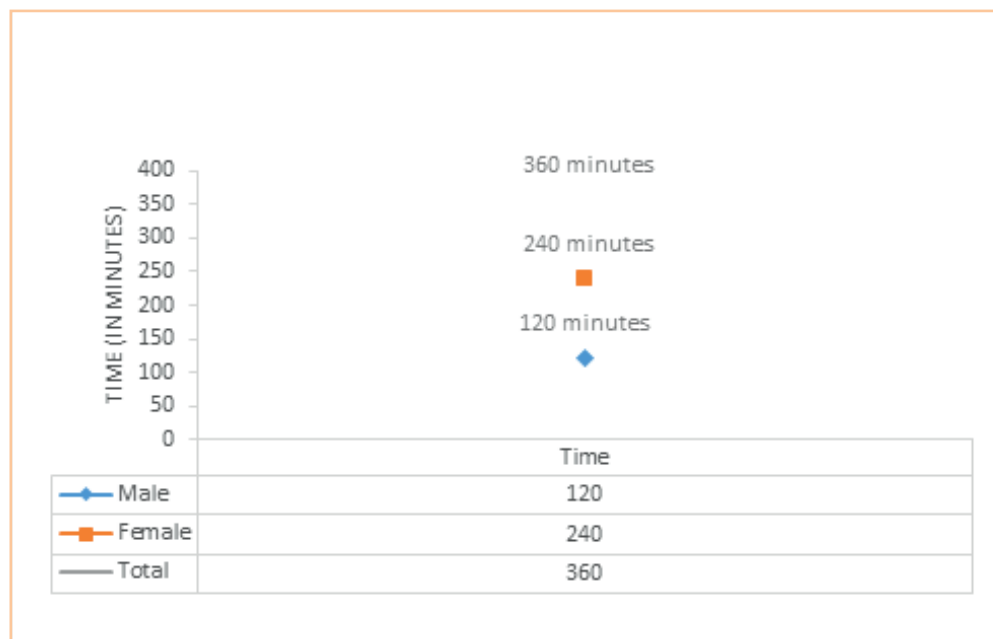
**Table 3.4: Distribution of persons by age group**

Age group	6-14 years	15-60 years	61 years and above
Number of persons	268	1554	178

### 3.6 Average time (in minutes) spent on unpaid domestic activities gender wise

The activities which are undertaken as voluntary work such as, caregiving, households work, cleaning, cooking etc. are considered as unpaid domestic activities. These activities are crucial but they are often undervalued and unrecognized. The measure of time spent on such activities significantly affect career choice, engagement in other economic activities, public life etc. As such, female spent 240 minutes in a day doing unpaid domestic work as compared to 120 minutes for male. In all, 360 minutes in a day is spent on such activity in Nagaland. The below figure shows the average time spent on unpaid domestic activities gender wise.

**Figure 3.1: Average time spent on unpaid domestic activities gender wise**



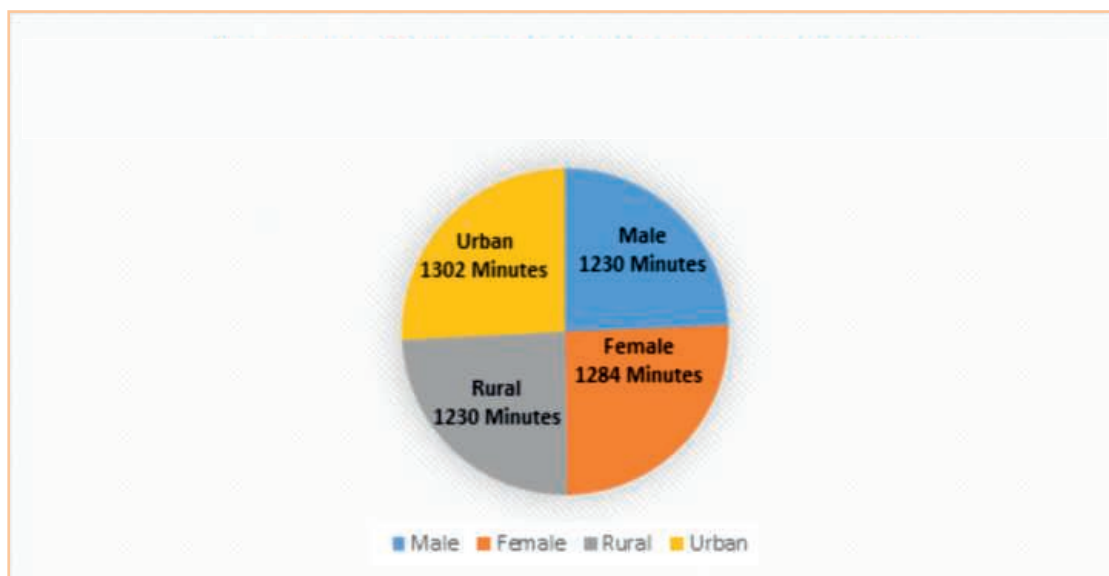
**3.7 Average time spent on Non-Economic activities gender wise and place of residence**

The average time spent by the household members on the activities which are performed with an intention of providing service without any financial gain, activities on personal care and maintenance, other social and religious activities etc, is 1230 minutes in a day by male as compared to 1284 minutes by female. By place of residence, people living in rural areas spent 1230 minutes as compared to 1302 minutes by people living in urban areas in 24 hours.

**Table 3.5: Average time spent on Non-Economic activities gender wise and place of residence**

Average time spent on non-economic activities (in minutes)	Male	Female	Rural	Urban
	1230	1284	1230	1302

**Figure 3.2: Average time spent on non-economic activities gender wise and by place of residence in Nagaland.**



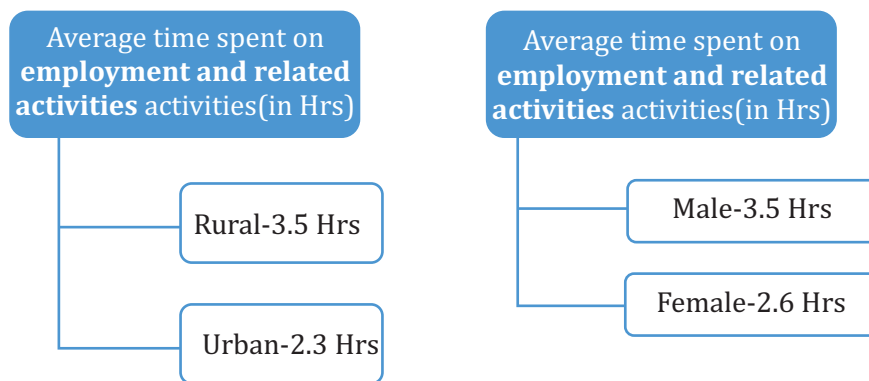
**3.8 Average time spent on employment and related activities gender wise and by place of residence**

As shown in the table 3.6 below, in rural areas, people spent on an average of 210 minutes and 138 minutes in urban areas on employment and related activities. In other words, rural population spent more time on employment and other productivity activities. Further, male and female spent on an average of 210 minutes and 156 minutes respectively.

**Table 3.6 Average time spent on employment and related activities gender wise and by place of residence**

Average time spent on employment and related activities (in minutes)	Rural	Urban	Male	Female
	210	138	210	156

**Figure 3.3: Average time spent on employment and related activities gender wise and by place of residence in Nagaland**



### 3.9 Average time spent on different activities by people in Nagaland

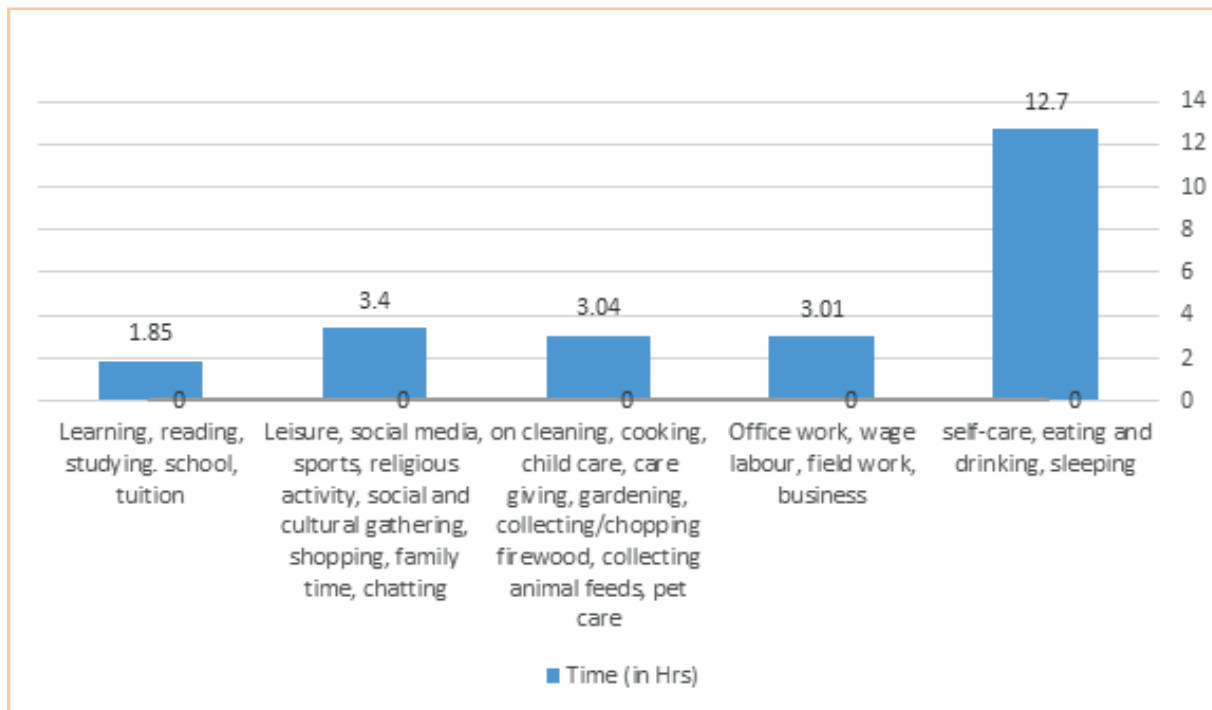
As presented in the table 3.7, people in Nagaland spent more time on self-care and maintenance in a day (762 minutes) and 182.4 minutes is spent on care giving and other domestic activities.

**Table 3.7: Average time spent on different activities by people in Nagaland**

Activities	Time (in minutes)
Learning, reading, studying, school, tuition	111 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	204 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	182.4 Minutes
Office work, wage labour, farm work, business	180.6 Minutes
Self-care and maintenance, eating and drinking, sleeping	762 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

\*24 hours is converted into minutes i.e.,  $24 \times 60 = 1440$  Minutes

Figure 3.4 Average time spent on different activities in 24 hours by people in Nagaland



**3.10 Average time spent by people in Nagaland on different activities gender wise**

The average time spent on different activities in a day is presented in the table below. Male spent more time on learning, leisure and other social and religious activities as compared to female. Whereas, female contributes more time on caregiving, domestic and other related activities (240 minutes) as compared to 120 minutes by male. Male has more time engagement in economic activities as compared to female.

Table 3.8: Average time spent by people in Nagaland on different activities gender wise

Activities	Time (in minutes)	
	Male	Female
Learning, reading, studying, school, tuition	114 Minutes	108 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	228 Minutes	180 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	120 Minutes	240 Minutes
Office work, wage labour, field work, business	210 Minutes	156 Minutes
Self-care and maintenance, eating and drinking, sleeping	768 Minutes	756 Minutes
<b>Total Time</b>	<b>1440 (24 Hrs)</b>	<b>1440 (24 Hrs)</b>

### 3.11 Average time spent by people in rural and urban areas in Nagaland on different activities

Urban population spent more time (150 minutes) on an average on learning, leisure, social media and other social activities as compare to rural population who spends 84 minutes on learning in a day. Rural population has higher time engagement on employment and other related economic activities as compared to urban population. Average time spent by people on different activities by place of residence is given in the table below.

**Table 3.9: Average time spent by people in rural and urban areas in Nagaland on different activities**

Activities	Time (in minutes)	
	Rural	Urban
Learning, reading, studying, school, tuition	84 Minutes	150 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	192 Minutes	222 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	198 Minutes	168 Minutes
Office work, wage labour, field work, business	210 Minutes	138 Minutes
Self-care and maintenance, eating and drinking, sleeping	756 Minutes	762 Minutes
<b>Total Time</b>	<b>1440 (24 Hrs)</b>	<b>1440 (24 Hrs)</b>

### 3.12 Average time spent in Nagaland by different age group

The school-age child from 6 years to 14 years spent an average time of 396 minutes in a day on learning and spends only 48 minutes doing domestic and other household related activities. More time is invested on self-care and maintenance (804 minutes) and 180 minutes on leisure, social media and other social activities.

**Table 3.10: Average time spent on different activities by age group of 6 years to 14 years**

Average time spent on different activities by age group of 6 years to 14 years	Time (in minutes)
Learning, reading, studying, school, tuition	396 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	180 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	48 Minutes
Office work, wage labour, field work, business	12 Minutes
Self-care and maintenance, eating and drinking, sleeping	804 Minutes
<b>Total Time</b>	<b>1440 (24 Hrs)</b>

**3.13 Average time spent on different activities by age group of 15 years to 60 years**

The average time spent by the working age population of age 15-60 years in a day is 750 minutes on self-care and maintenance, while they spent on an average of 72 minutes on learning. The same age group spends on an average 210 minutes on leisure, social media and other social activities. Table 3.11 presents the average time spent by working age group on different activities.

**Table 3.11: Average time spent on different activities by age group of 15 years to 60 years**

Average time spent on different activities by age group of 15 years to 60 years	Time (in minutes)
Learning, reading, studying, school, tuition	72 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	210 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	204 Minutes
Office work, wage labour, field work, business	204 Minutes
Self-care and maintenance, eating, drinking, sleeping	750 Minutes
<b>Total Time</b>	<b>1440 (24 Hrs)</b>

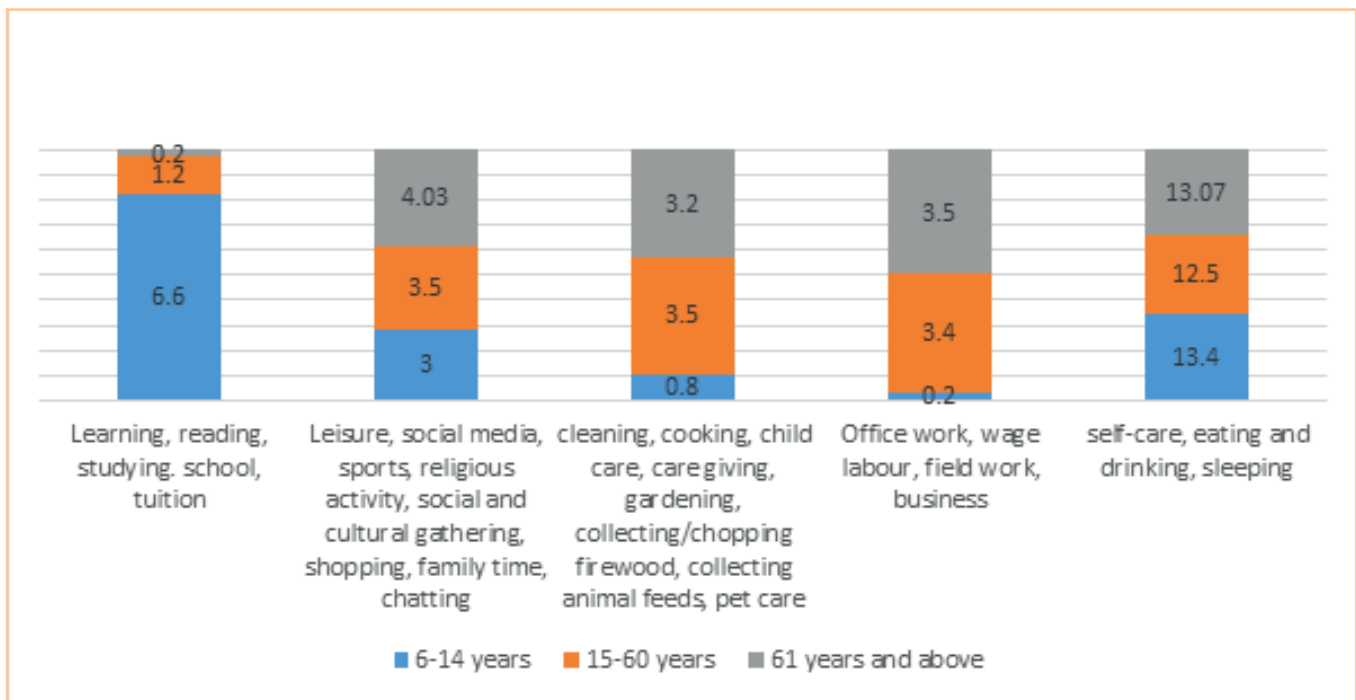
**3.14 Average time spent on different activities by age group of 61 years and above**

On an average, the senior citizens who are in the age group of 60 years and above, spent 784.2 minutes in a day on self-care and maintenance, while they spent only 12 minutes on an average on learning. Their average time engagement on different activities is presented in the table below.

**Table 3.12: Average time spent on different activities by age group of 61 years and above**

Average time spent on different activities by age group of 61 years and above	Time (in minutes)
Learning, reading, studying, school, tuition	12 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	241.8 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	192 Minutes
Office work, wage labour, field work, business	210 Minutes
Self-care and maintenance, eating and drinking, sleeping	784.2 Minutes
<b>Total Time</b>	<b>1440 (24 Hrs)</b>

Figure 3.5: Average time spent on different activities in a day by different age groups





**TIME USE  
IN  
KOHIMA DISTRICT**

## TIME USE IN KOHIMA DISTRICT

### 4.1 The number of households and number of persons covered in the survey

The allocated sample household for the district of Kohima was 108 households, out of which, the rural households comprise of 50 and urban 58 households. The total number of persons of age 6 years and above who were surveyed under the Kohima district was 303, of which, 142 were male and 161 female.

**Table 4.1: Number of households and persons**

Particulars	Rural	Urban	Male	Female
No. of households	50	58		
No. of persons selected for the survey	118	185	142	161

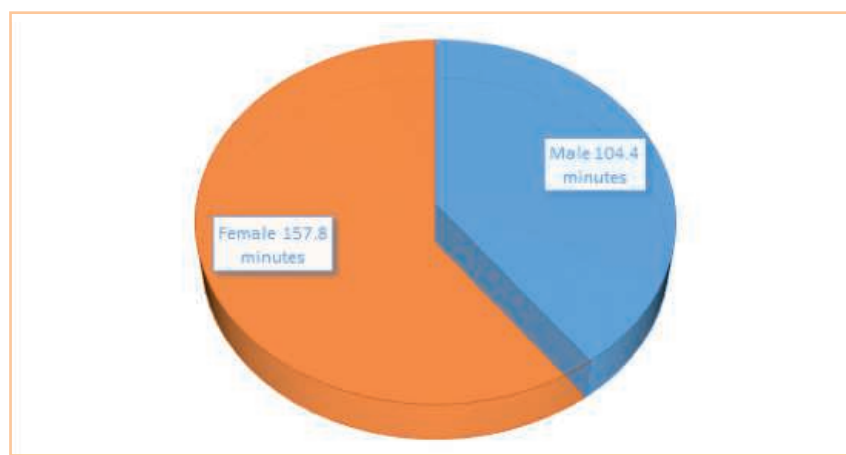
### 4.2 Average time (in minutes) spent by people in Kohima district on unpaid domestic activities gender wise

In Kohima district, on an average, the male population spent 104.4 minutes in a day as compared to 157.8 minutes by female doing domestic unpaid activities by the household members. In other words, female household members spent more time doing non-economic activities than male. The below table and figure 4.1 shows the average time spent on unpaid domestic work.

**Table 4.2: Average time spent on unpaid domestic activities gender wise**

Average time spent on unpaid domestic activities	Male	Female
	104.4 minutes	157.8 minutes

**Figure 4.1: Average time spent on unpaid domestic activities gender wise**



**4.3 Average time spent on non-economic activities gender wise and by place of residence**

People in Kohima district spends on an average 1329 minutes in rural and 1330 minutes in urban areas doing non-economic activities or unpaid work. The average time spent by male and female for the same activities is 1321 minutes and 1337 minutes respectively.

**Table 4.3: Average time spent on non-economic activities gender wise and by place of residence**

Average time spent on non-economic activities	Rural	Urban	Male	Female
	1329 Minutes	1330 Minutes	1321 Minutes	1337 Minutes

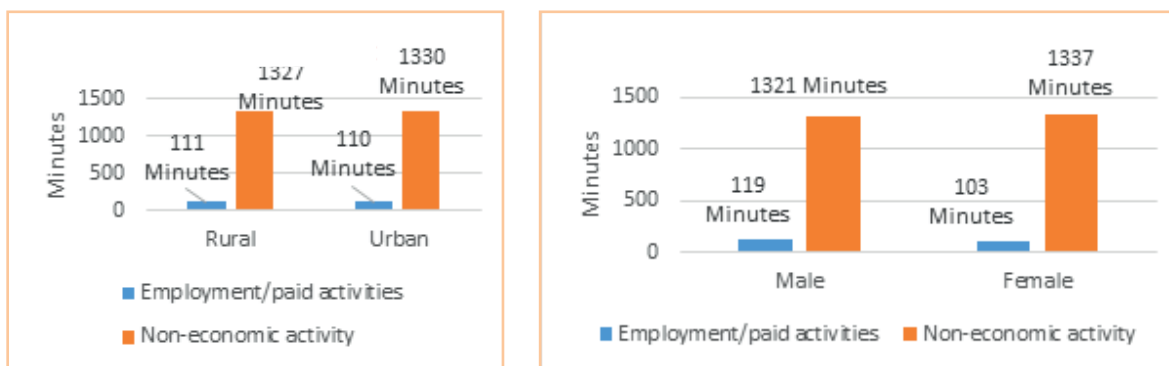
**4.4 Average time spent on employment and related activities gender wise and by place of residence**

In 24 hours (1440 minutes), male spent 119 minutes and female 103 minutes doing employment and related paid activities in Kohima district. Whereas, the rural household members spent 111 minutes and urban household members 110 minutes doing the employment and related activities.

**Table 4.4: Average time spent on employment and related activities gender wise and by place of residence**

Average time spent on employment and related activities	Rural	Urban	Male	Female
	111 Minutes	110 Minutes	119 Minutes	103 Minutes

**Figure 4.2: Average time spent on employment and related activities and non-economic activities gender wise and by place of residence**



#### 4.5 Average time spent on different activities by people living in Kohima district

In a day, the people in Kohima district spent an average of 954 minutes on self-care and maintenance, and only 71.4 minutes on learning. They spent 110.8 minutes on paid activities. The average time spend on different activities is presented in the table below

**Table 4.5: Average time spent on different activities by people living in Kohima district**

Activities	Time (in minutes)
Learning, reading, studying, school, tuition	71.4 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	171.6 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	132.2 Minutes
Office work, wage labour, field work, business	110.8 Minutes
Self-care and maintenance, eating and drinking, sleeping	954 Minutes
<b>Total Time</b>	<b>1440Minutes</b>

#### 4.6 Average time spent by people in Kohima District on different activities gender wise

Gender wise average time spent by people in Kohima district in 24 hours is presented in the table below. From the presented table, female spent more time on the domestic activities of the household.

**Table 4.6: Average time spent by people in Kohima District on different activities gender wise**

Activities	Average Time (in minutes)	
	Male	Female
Learning, reading, studying, school, tuition	63.6 Minutes	78 Minutes
Leisure, social media, sports, religiousactivity, social and cultural gathering, shopping, family time, chatting	183 Minutes	161.4 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	104.4 Minutes	157.4 Minutes
Office work, wage labour, field work, business	119 Minutes	103.2 Minutes
Self-care and maintenance, eating and drinking, sleeping	970 Minutes	940 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

#### 4.7 Average time spent by people in Kohima District on different activities by place of residence

From the table given below, urban population in Kohima district spent more time on leisure, social media and other social and religious activities as compared to rural households. The urban households also spent more time on learning than the rural households.

**Table 4.7: Average time spent on different activities by place of residence**

Activities	Time (in minutes)	
	Rural	Urban
Learning, reading, studying, school, tuition	54 Minutes	81.6 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	121.8 Minutes	199 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	148.8 Minutes	124.2 Minutes
Office work, wage labour, field work, business	111 Minutes	110 Minutes
Self-care and maintenance, eating and drinking, sleeping	1004.4 Minutes	925.2 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

#### 4.8 Average time spent by people in Kohima District on different activities by age group of 6 years to 14 years

The school-age children spent on an average of 243 minutes on learning and studying in a day.

They spent more time on leisure, social media and sports than on doing domestic household activities. Average time spent on different activities by such age group is presented in table below,

**Table 4.8: Average time spent on different activities by age group of 6 years to 14 years**

Activities	Time (in minutes)
Learning, reading, studying, school, tuition	243 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	132.6 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	63 Minutes
Office work, wage labour, field work, business	27 Minutes
Self-care and maintenance, eating and drinking and sleeping	974.4 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

#### 4.9 Average time spent by people in Kohima District on different activities by age group of 15 years to 60 years

The average time spent on different activities by working age group of Kohima district is presented in the table below.

**Table 4.9: Average time spent on different activities by age group of 15 years to 60 years**

Activities	Average Time (in minutes)
Learning, reading, studying, school, tuition	45.9 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	169.8 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	148.8 Minutes
Office work, wage labour, field work, business	125.9 Minutes
Self care, eating and drinking, sleeping	949.6 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

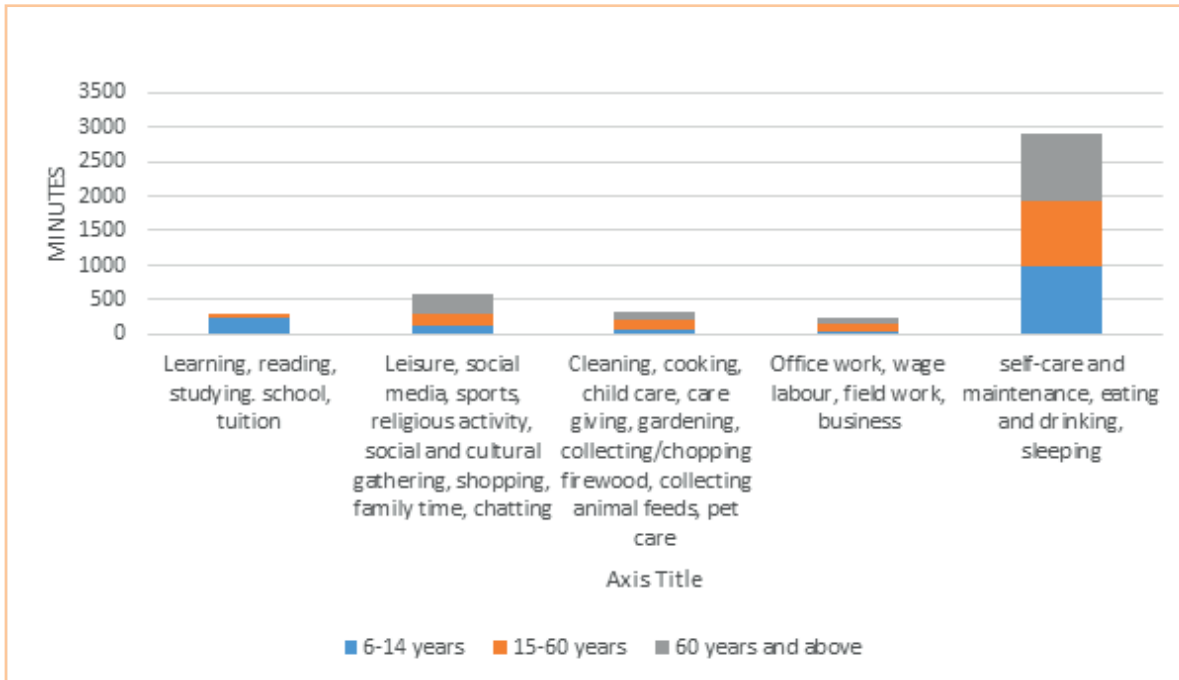
#### 4.10 Average time spent by people in Kohima District on different activities by age group of 61 years and above

The average time spent on different activities in a day by senior citizens who are in the age group of 60 years and above is presented in the table below.

**Table 4.10: Average time spent on different activities by age group of 61 years and above**

Activities	Average Time (in minutes)
Learning, reading, studying, school, tuition	0 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	274 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	109.8 Minutes
Office work, wage labour, field work, business	93 Minutes
Self-care and maintenance, eating and drinking, sleeping	963.2 minutes
<b>Total Time</b>	<b>1440 Minutes</b>

Figure 4.3: Average time spent on different activities by different age group





**TIME USE  
IN  
DIMAPUR DISTRICT**

## TIME USE IN DIMAPUR DISTRICT

### 5.1 The number of households and number of persons covered in the survey

The allocated sample for Dimapur district is 152 households, of which 72 are from rural and 80 from urban. The number of persons covered in this survey comprise of 155 male and 145 female respondents.

**Table 5.1: Number of households and persons**

Particulars	Rural	Urban	Male	Female
No. of households	72	80		
No. of persons selected for the survey	138	162	155	145

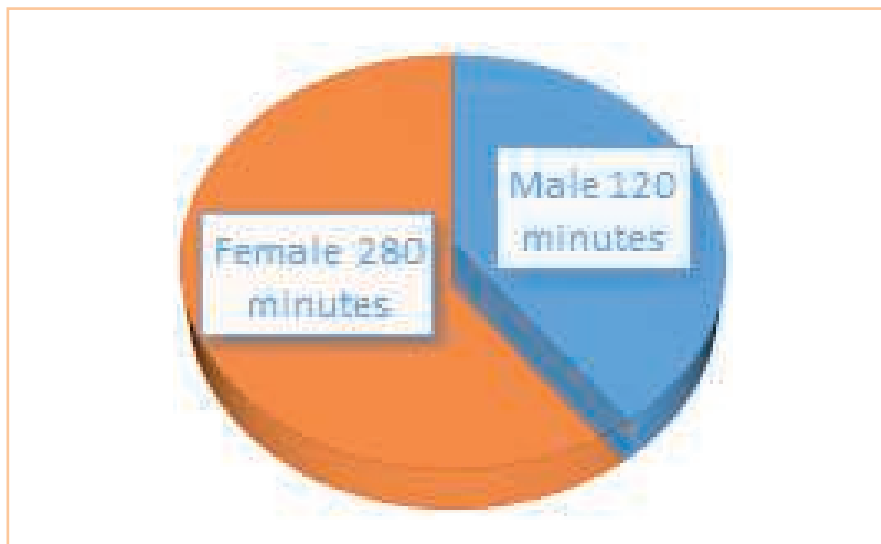
### 5.2 Average time (in minutes) spent by people in Dimapur district on unpaid domestic activities gender wise

In the given below table, an average time spent on unpaid domestic activities in a day is 120 minutes for male and 280 minutes for female in Dimapur district.

**Table 5.2 : Average time spent on unpaid domestic activities gender wise**

Average time spent on unpaid domestic activities	Male	Female
	120 minutes	280 minutes

**Figure 5.1: Average time spent on unpaid domestic activities gender wise**



**5.3 Average time spent on non-economic activities gender wise and by place of residence**

From the allotted sample, the rural households spent 1326 minutes and urban spent 1356 minutes in 24 Hours doing non-economic or unpaid activities. The average time spent on the same activities by male is 1302 minutes as compared to 1377 minutes by female.

**Table 5.3: Average time spent on non-economic activities**

Average time spent on non-economic activities	Rural	Urban	Male	Female
	1326 Minutes	1356 Minutes	1302 Minutes	1377 Minutes

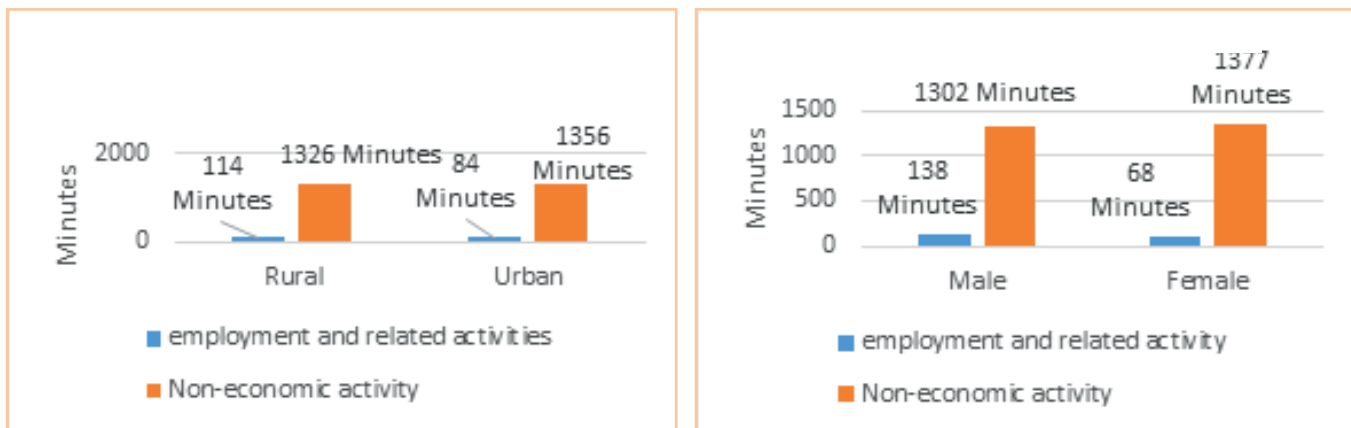
**5.4 Average time spent on employment and related activities gender wise and by place of residence**

In table 5.4, male spent on an average of 138 minutes in a day on employment and related activities as compared to 68 minutes by female. In rural areas, 114 minutes is spent on the above mentioned activity as compared to 84 minutes in urban areas.

**Table 5.4: Average time spent on employment and related activities**

Average time spent on employment and related activities	Rural	Urban	Male	Female
	114 Minutes	84 Minutes	138 Minutes	68 Minutes

**Figure 5.2: Average time spent on employment and related activities and non-economic activities gender wise and by place of residence**



**5.5 Average time spent on different activities by people living in Dimapur district**

In the below given table, the average time spent in 24 hours by people in Dimapur on different activities is presented.

**Table 5.5: Average time spent on different activities**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	180 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	280 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	198 Minutes
Office work, wage labour, field work, business	104 Minutes
Self-care and maintenance, eating and drinking, sleeping	678 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**5.6 Average time spent by people in Dimapur District on different activities gender wise**

From the given table below, male spent more time on learning, leisure, employment and related activities as compared to female households. Whereas, average time spent on domestics activities by female is higher than the male households.

**Table 5.6: Average time spent on different activities gender wise**

Activities	Average time spent (in minutes)	
	Male	Female
Learning, reading, studying, school, tuition	198 Minutes	150 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	312 Minutes	258 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	120 Minutes	280 Minutes
Office work, wage labour, field work, business	138 Minutes	68 Minutes
Self-care and maintenance, eating and drinking, sleeping	672 Minutes	684 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

### 5.7 Average time spent by people in Dimapur District on different activities by place of residence

The average time spent on different activities in 24 hours by rural and urban households is presented in the table below.

**Table 5.7: Average time spent on different activities by place of residence**

Activities	Average time spent (in minutes)	
	Rural	Ur ban
Learning, reading, studying, school, tuition	180 Minutes	174 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	246 Minutes	324 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	222 Minutes	180 Minutes
Office work, wage labour, field work, business	114 Minutes	84 Minutes
Self-care and maintenance, eating and drinking, sleeping	678 Minutes	678 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

### 5.8 Average time spent by people in Dimapur District on different activities by age group of 6 years to 14 years

In the table given below, the average time spent by school-age child of age 6 years to 14 years in 24 hours on different activities is presented.

**Table 5.8: Average time spent on different activities by 6 years to 14 years**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	468 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	258 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	12 Minutes
Office work, wage labour, field work, business	0 Minutes
Self-care and maintenance, eating and drinking, sleeping	702 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**5.9 Average time spent by people in Dimapur District on different activities by age group of 15 years to 60 years**

The average time spent on different activities in 24 hours by working age group is presented.

**Table 5.9: Average time spent on different activities by age group of 15 years to 60 years**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	138 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	282 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	228 Minutes
Office work, wage labour, field work, business	126 Minutes
Self care and maintenance, eating and drinking, sleeping	666 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

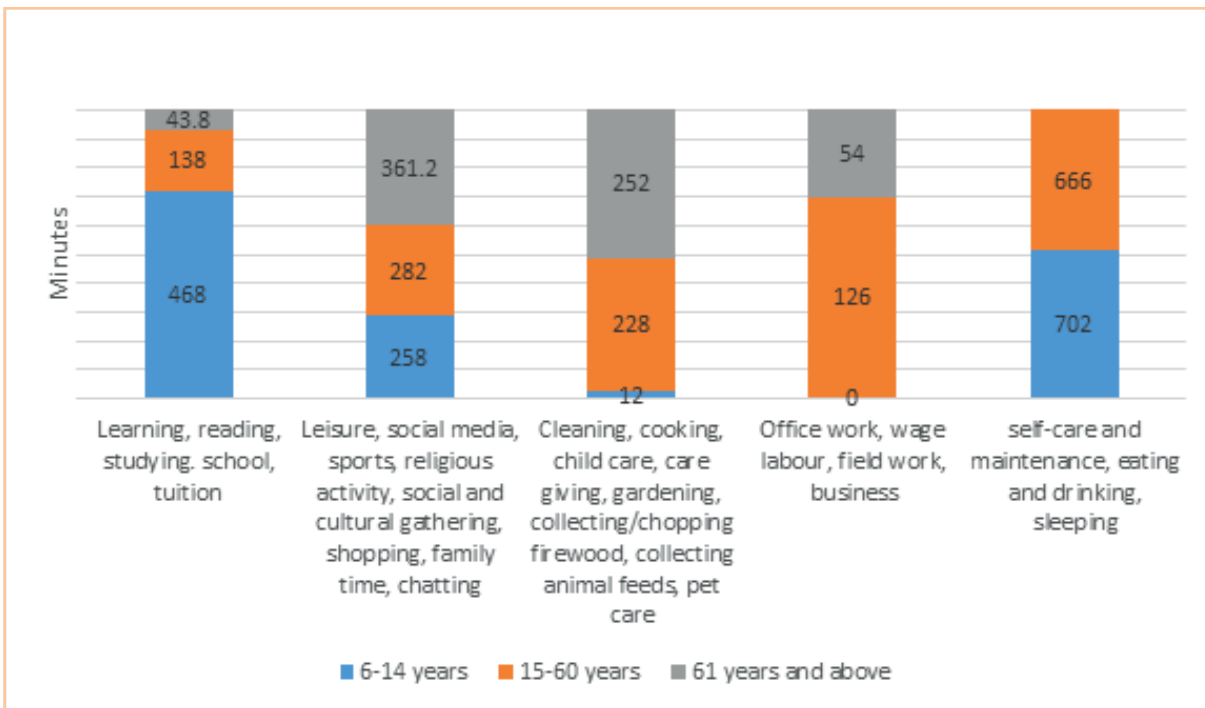
**5.10 Average time spent by people in Dimapur District on different activities by age group of 61 years and above**

The average time spent on different activities in 24 hours by senior citizens who are in the age group of 61 years and above is presented in the table below.

**Table 5.10: Average time spent on different activities by 61 years and above**

Activities	Time (in minutes)
Learning, reading, studying, school, tuition	43.8 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	361.2 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	252 Minutes
Office work, wage labour, field work, business	54 Minutes
Selfcare and maintenance, eating and drinking, sleeping	729 minutes
<b>Total Time</b>	<b>1440 Minutes</b>

Figure 5.3: Average time spent on different activities by different age group





**TIME USE  
IN  
KIPHIRE DISTRICT**

## TIME USE IN KIPHIRE DISTRICT

### 6.1 The number of households and number of persons covered in the survey

The allotted sample for the Kiphire district is 30 households, out of which 22 households are assigned to rural areas and 8 households to urban areas. From the total sample households, there were 64 male and 62 female respondents.

**Table 6.1: Number of households and persons.**

Particulars	Rural	Urban	Male	Female
No. of households	22	8		
No. of persons selected for the survey	72	54	64	62

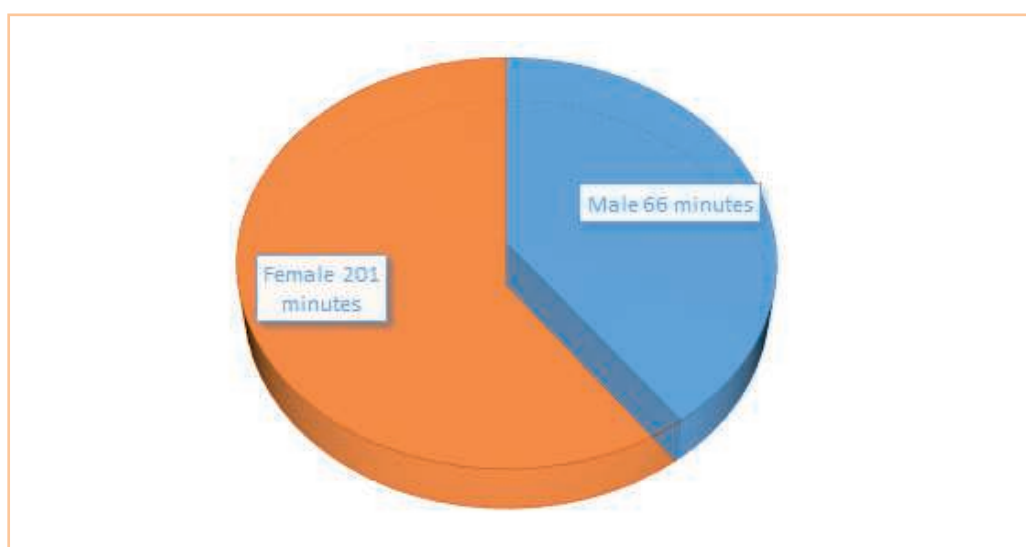
### 6.2 Average time (in minutes) spent by people of Kiphire district on unpaid domestic activities gender wise

The average time spent on unpaid domestic activities in a day for male is 66 minutes, whereas, female spent 201 minutes for the same.

**Table 6.2: Average time spent on unpaid domestic work gender wise**

Average time spent on unpaid domestic activities	Male	Female
	66 minutes	201 minutes

**Figure 6.1: Average time spent on unpaid domestic work gender wise**



**6.3 Average time spent on non-economic activities gender wise and by place of residence**

In 24 hours, the average time spent on non-economic activities by rural population is 1164 minutes and 1320 minutes by urban population. Male spent 1182 minutes and Female spent 1260 minutes on non-economic activities.

**Table 6.3: Average time spent on non-economic activities**

Average time spent on non-economic activities	Rural	Urban	Male	Female
	1164 Minutes	1320 Minutes	1182 Minutes	1260 Minutes

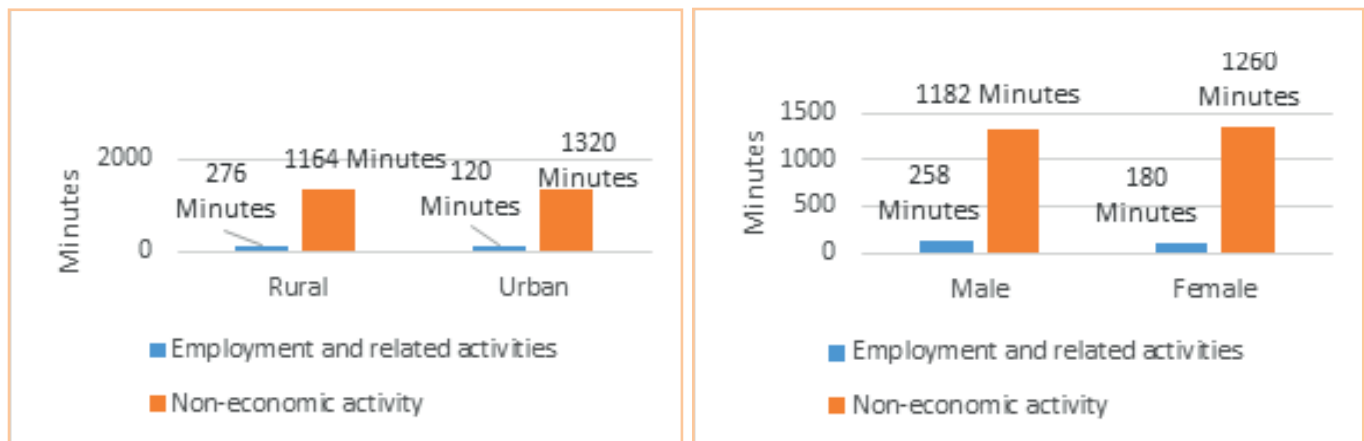
**6.4 Average time spent on employment and related activities gender wise and by place of residence**

The rural population in Kiphire district spent on an average of 276 minutes and rural population spent 120 minutes on employment and related activities. The average time spent by male on employment and related activities in a day is 258 minutes as compared to 180 minutes by female.

**Table 6.4: Average time spent on employment and related activities**

Average time spent on employment and related activities	Rural	Urban	Male	Female
	276 Minutes	120 Minutes	258 Minutes	180 Minutes

**Figure 6.2: Average time spent on employment and related activities and non-economic activities gender wise and by place of residence**



### 6.5 Average time spent on different activities by people living in Kiphire district

The average time spent by people on different activities in 24 hours is presented in the table below.

**Table 6.5: Average time spent on different activities**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	216 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	174 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	125.4 Minutes
Office work, wage labour, field work, business	216.6 Minutes
Self-care and maintenance, eating and drinking, sleeping	708 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

### 6.6 Average time spent by people in Kiphire District on different activities gender wise

The average time spent by male and female in 24 hours on different activities is given in the table below.

**Table 6.6: Average time spent on different activities gender wise**

Activities	Average time spent (in minutes)	
	Male	Female
Learning, reading, studying, school, tuition	198 Minutes	240 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	192 Minutes	141 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	66 Minutes	201 Minutes
Office work, wage labour, field work, business	258 Minutes	180 Minutes
Self-care and maintenance, eating and drinking, sleeping	726 Minutes	678 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

**6.7 Average time spent by people in Kiphire District on different activities by place of residence**

The average time spent in 24 hours by rural and urban households in Kiphire district is given below.

**Table 6.7: Average time spent on different activities by rural and urban households**

Activities	Average time spent (in minutes)	
	Rural	Urban
Learning, reading, studying, school, tuition	162 Minutes	330 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	162 Minutes	180 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	138 Minutes	114 Minutes
Office work, wage labour, field work, business	276 Minutes	120 Minutes
Self-care and maintenance, eating and drinking, sleeping	704 Minutes	696 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

**6.8 Average time spent by people in Kiphire District on different activities by age group of 6 years to 14 years**

The school-age children spent on an average of 609 minutes on learning and 113.6 minutes on leisure, social media and other related activities. The average time spent on different activities is presented in the table below.

**Table 6.8: Average time spent by school-age group ( 6 - 14 years)**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	609 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	113.6 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	4.2 Minutes
Office work, wage labour, field work, business	0 Minutes
Self-care and maintenance, eating and drinking, sleeping	713.1 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

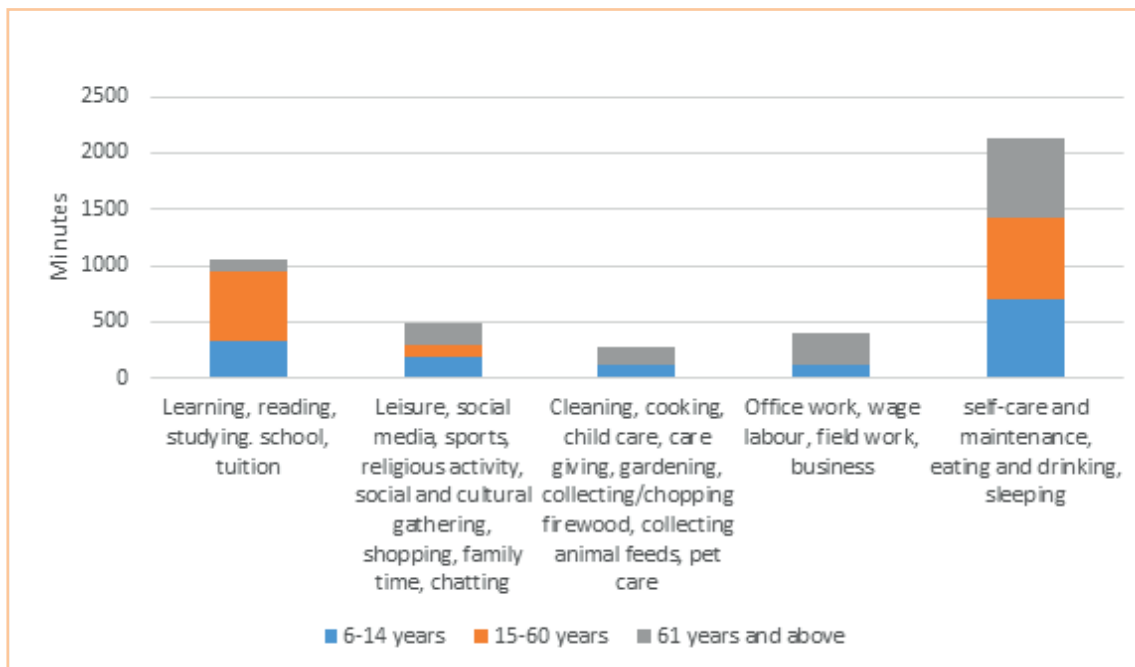
**6.9 Average time spent by people in Kiphire District on different activities by age group of 15 years to 60 years**

In 24 hours, the working age group spent on an average of 274 minutes on employment and related activities. The average time spent on different activities by working age group is presented in the table below

**Table 6.9: Average time spent by working age group**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	112 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	187 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	160 Minutes
Office work, wage labour, field work, business	274 Minutes
Self-care and maintenance, eating and drinking, sleeping	705 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**Figure 6.3: Average time spent on different activities by different age group**





**TIME USE  
IN  
LONGLENG DISTRICT**

## TIME USE IN LONGLENG DISTRICT

### 7.1 The number of households and number of persons covered in the survey

From the allotted 22 sample, 18 households are from rural and 4 households from urban areas. The total number of persons surveyed is 138, out of which 67 are male and 71 female respondents.

**Table 7.1: Number of households and persons**

Particular	Rural	Urban	Male	Female
No. of households	18	4		
No. of persons selected for the survey	86	52	67	71

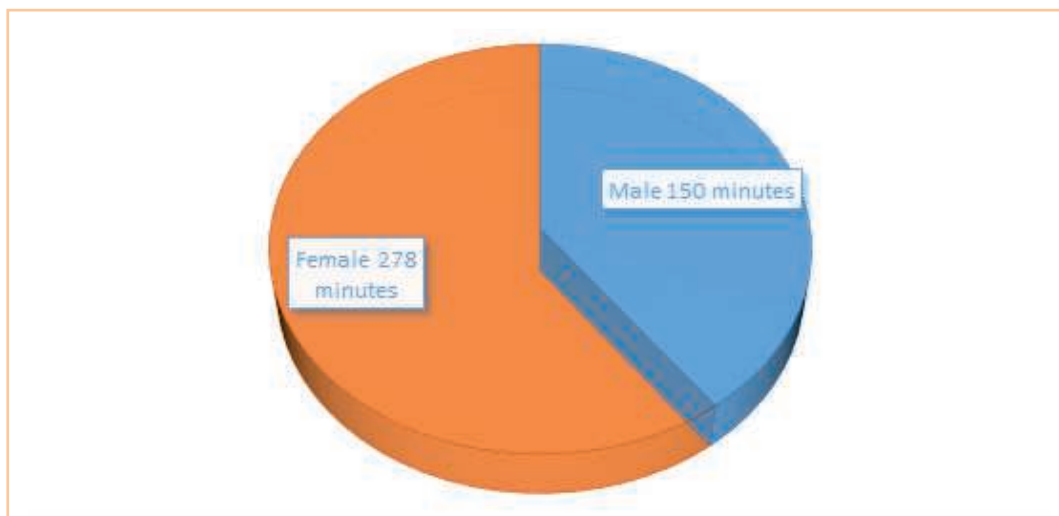
### 7.2 Average time (in minutes) spent by people in Longleng district on unpaid domestic activities gender wise

In 24 hours, the average time spent by male and female on unpaid domestic activities is 150 minutes and 278 minutes respectively.

**Table 7.2: Average time spent on unpaid domestic activities gender wise**

Average time spent on unpaid domestic activities	Male	Female
	150 minutes	278 minutes

**Figure 7.1 Average time spent on unpaid domestic activities gender wise**



**7.3 Average time spent on non-economic activities gender wise and place of residence**

The average time spent on non-economic or unpaid activities in a day by male and female, and also by rural and urban households are presented in the table below.

**Table 7.3: Average time spent on non-economic activities**

Average time spent on non-economic activities	Rural	Urban	Male	Female
	1109 Minutes	1212 Minutes	1098 Minutes	1176 Minutes

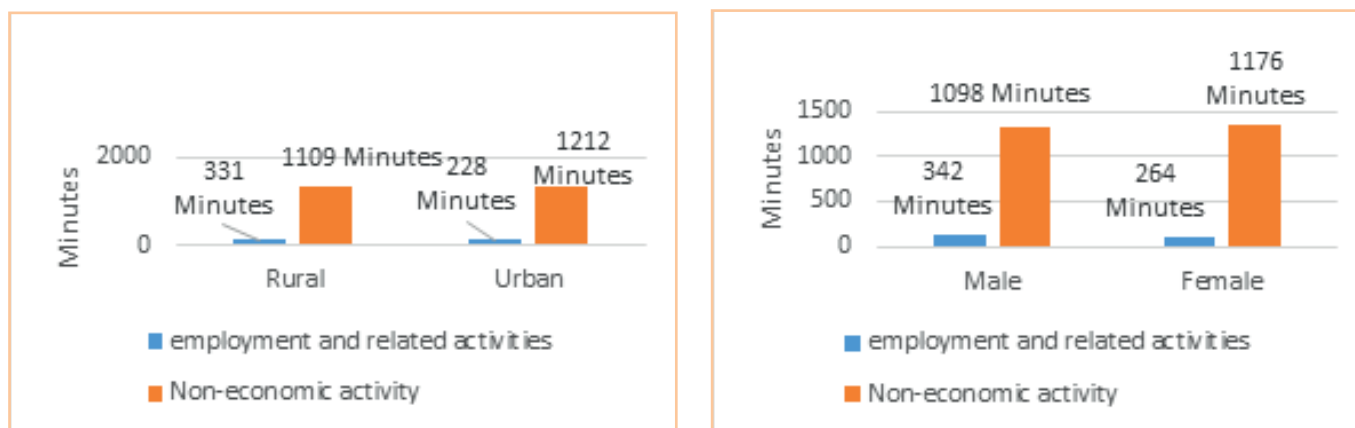
**7.4 Average time spent on employment and related activities gender wise and by place of residence**

The average time spent on employment and related activities in a day by male and female, and by rural and urban households is presented in the table below.

**Table 7.4: Average time spent on employment and related activities**

Average time spent on employment and related activities	Rural	Urban	Male	Female
	331 Minutes	228 Minutes	342 Minutes	264 Minutes

**Figure 7.2 Average time spent on employment and related activities and non-economic activities gender wise and by place of residence**



**7.5 Average time spent on different activities by people living in Longleng district**

The average time spent by people in 24 hours on different activities in Longleng district is presented in the table below. Only 47 minutes on an average is spent on learning in a day, whereas, 675 minutes is spent on self-care and maintenance.

**Table 7.5: Average time spent on different activities**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	47 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	201 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	217 Minutes
Office work, wage labour, field work, business	300 Minutes
Self-care and maintenance, eating and drinking, sleeping	675 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**7.6 Average time spent by people in Longleng District on different activities gender wise**

The average time spent in 24 hours on different activities by male and female is presented in the table below.

**Table 7.6: Average time spent on different activities by male and female**

Activities	Average time spent (in minutes)	
	Male	Female
Learning, reading, studying, school, tuition	34 Minutes	60 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	239 Minutes	164 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	150 Minutes	278 Minutes
Office work, wage labour, field work, business	342 Minutes	264 Minutes
Self-care and maintenance, eating and drinking, sleeping	675 Minutes	674 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

**7.7 Average time spent by people in Longleng District on different activities by place of residence**

The average time spent in 24 hours on different activities by rural and urban households is given below

**Table 7.7: Average time spent by rural and urban households**

Activities	Average time spent (in minutes)	
	Rural	Urban
Learning, reading, studying, school, tuition	25 Minutes	102 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	193 Minutes	218 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	213 Minutes	229 Minutes
Office work, wage labour, field work, business	331 Minutes	228 Minutes
Self-care and maintenance, eating and drinking, sleeping	678 Minutes	663 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

### 7.8 Average time spent by people in Longleng District on different activities by age group of 6 years to 14 years

The average time spent by school-age children in 24 hours on different activities is given below

**Table 7.8: Average time spent on different activities by school-age group**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	300 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	216 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	180 Minutes
Office work, wage labour, field work, business	0 Minutes
Self-care and maintenance, eating and drinking, sleeping	744 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

### 7.9 Average time spent by people in Longleng District on different activities by age group of 15 years to 60 years

The average time spent in 24 hours on different activities by working age group is presented in the table below.

**Table 7.9: Average time spent on different activities by working age group**

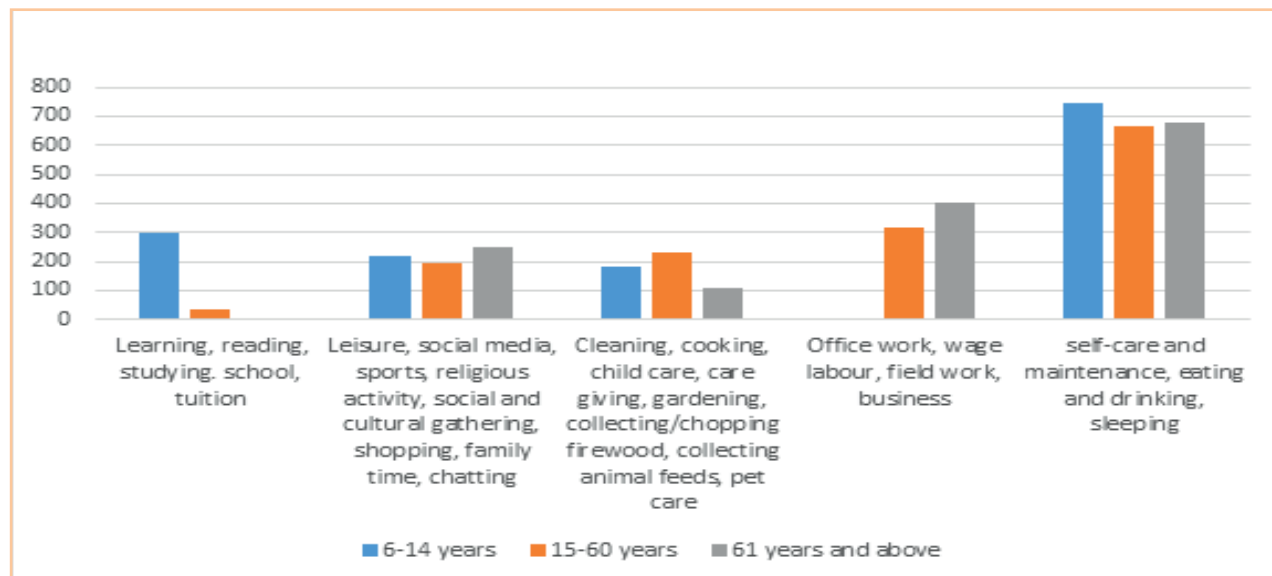
Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	32.4 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	196.2 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	230 Minutes
Office work, wage labour, field work, business	315.6 Minutes
Self-care and maintenance, eating and drinking, sleeping	665.8 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

### 7.10 Average time spent by people in Longleng District on different activities by age group of 61 years and above

The average time spent in 24 hours by senior citizens on different activities is given below

**Table 7.10: Average time spent on different activities by senior citizens**

Activities	Time (in minutes)
Learning, reading, studying, school, tuition	0 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	250.2 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	109.8 Minutes
Office work, wage labour, field work, business	400.2 Minutes
Self-care and maintenance, eating and drinking, sleeping	679.8 minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**Figure 7.3: Average time spent on different activities by different age group**



**TIME USE  
IN  
MOKOKCHUNG DISTRICT**

## TIME USE IN MOKOKCHUNG DISTRICT

### 8.1 The number of households and number of persons covered in the survey

From the allotted 78 samples, 54 households are from rural and 24 households from urban areas. The total number of persons surveyed is 1162, out of which 78 are male and 84 female respondents.

**Table 8.1: Number of households and persons**

Particular	Rural	Urban	Male	Female
No. of households	54	24		
No. of persons selected for the survey	97	65	78	84

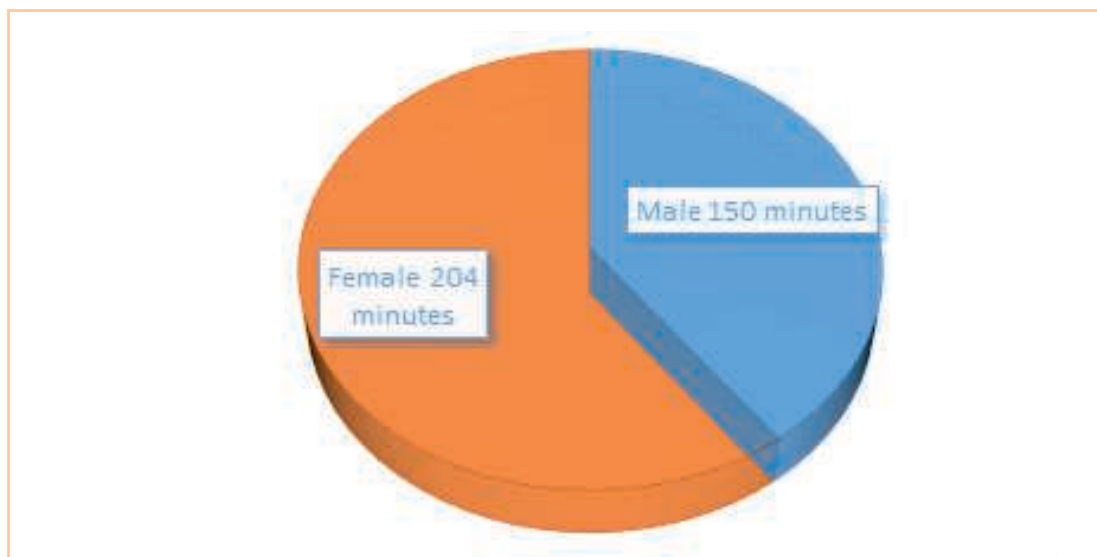
### 8.2 Average time (in minutes) spent by people in Mokokchung district on unpaid domestic activities gender wise

In 24 hours, the average time spent on unpaid domestic activities by female is 204 minutes as compared to 150 minutes by male.

**Table 8.2: Average time spent on unpaid domestic activities gender wise**

Average time spent on unpaid domestic activities	Male	Female
	150 minutes	204 minutes

**Figure 8.1: Average time spent on unpaid domestic activities gender wise**



### 8.3 Average time spent on non-economic activities gender wise and place of residence

The average time spend on non-economic or unpaid activities in a day by male and female, and also by rural and urban households are presented in the table below.

**Table 8.3: Average time spent on non-economic activities**

Average time spent on non-economic activities	Rural	Urban	Male	Female
	1225 Minutes	1250 Minutes	1194 Minutes	1271 Minutes

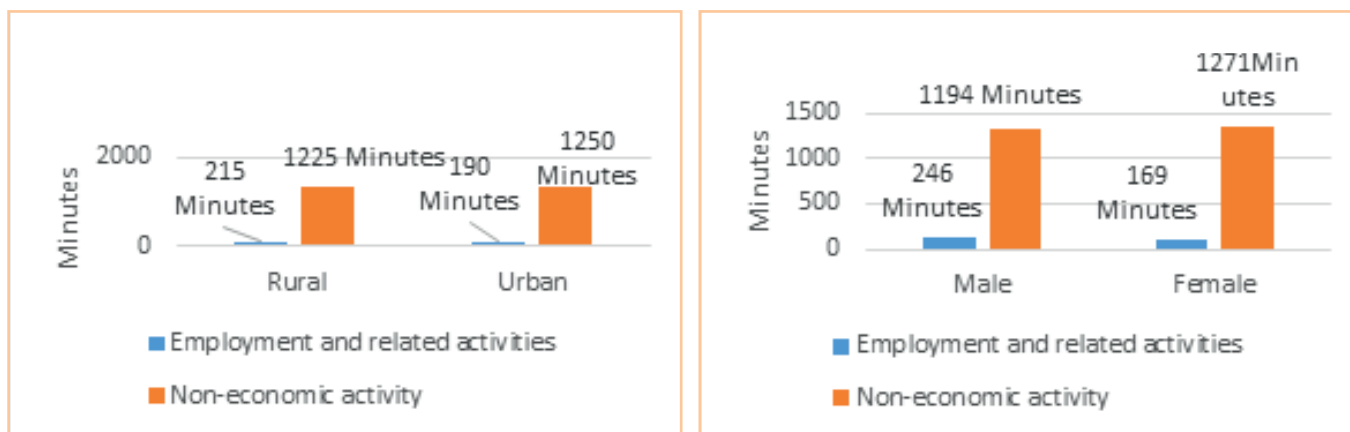
### 8.4 Average time spent on employment and related activities gender wise and place of residence

The average time spent on employment and related activities in a day by male and female, and by rural and urban households is presented in the table below.

**Table 8.4: Average time spent on employment and related activities**

Average time spent on employment and related activities	Rural	Urban	Male	Female
	215 Minutes	190 Minutes	246 Minutes	169 Minutes

**Figure 8.2: Average time spent on employment and related activities and non-economic activities gender wise and by place of residence**



### 8.5 Average time spent on different activities by people living in Mokokchung district

The average time spent by people in 24 hours on different activities in Mokokchung district is presented in the table below.

Table 8.5: Average time spent on different activities

Activities	Average time spent (in minutes)
	Learning, reading, studying, school, tuition
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	177 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	185 Minutes
Office work, wage labour, field work, business	204.6 Minutes
Self-care and maintenance, eating and drinking, sleeping	740.4 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

### 8.6 Average time spent by people in Mokokchung District on different activities gender wise

The average time spent in 24 hours on different activities by male and female is presented in the table below.

Table 8.6: Average time spent on different activities by male and female

Activities	Average time spent (in minutes)	
	Male	Female
Learning, reading, studying, school, tuition	118 Minutes	149 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	194 Minutes	168 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	150 Minutes	204 Minutes
Office work, wage labour, field work, business	246 Minutes	169 Minutes
Self-care and maintenance, eating and drinking, sleeping	732 Minutes	750 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

### 8.7 Average time spent by people in Mokokchung District on different activities by place of residence

The average time spent in 24 hours on different activities by rural and urban households is given below

**Table 8.7: Average time spent by rural and urban households**

Activities	Average time spent (in minutes)	
	Rural	Urban
Learning, reading, studying, school, tuition	123 Minutes	156 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	198 Minutes	148 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	183 Minutes	170 Minutes
Office work, wage labour, field work, business	215 Minutes	190 Minutes
Self-care and maintenance, eating and drinking, sleeping	721 Minutes	776 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

### 8.8 Average time spent by people in Mokokchung District on different activities by age group of 6 years to 14 years

The average time spent by school-age children in 24 hours on different activities is given below

**Table 8.8: Average time spent on different activities by school-age group**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	315 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	150 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	41 Minutes
Office work, wage labour, field work, business	23 Minutes
Self-care and maintenance, eating and drinking, sleeping	911 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

### 8.9 Average time spent by people in Mokokchung District on different activities by age group of 15 years to 60 years

The average time spent in 24 hours on different activities by working age group is presented in the table below.

**Table 8.9: Average time spent on different activities by working age group**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	119 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	188 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	202 Minutes
Office work, wage labour, field work, business	226 Minutes
Self-care and maintenance, eating and drinking, sleeping	705 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

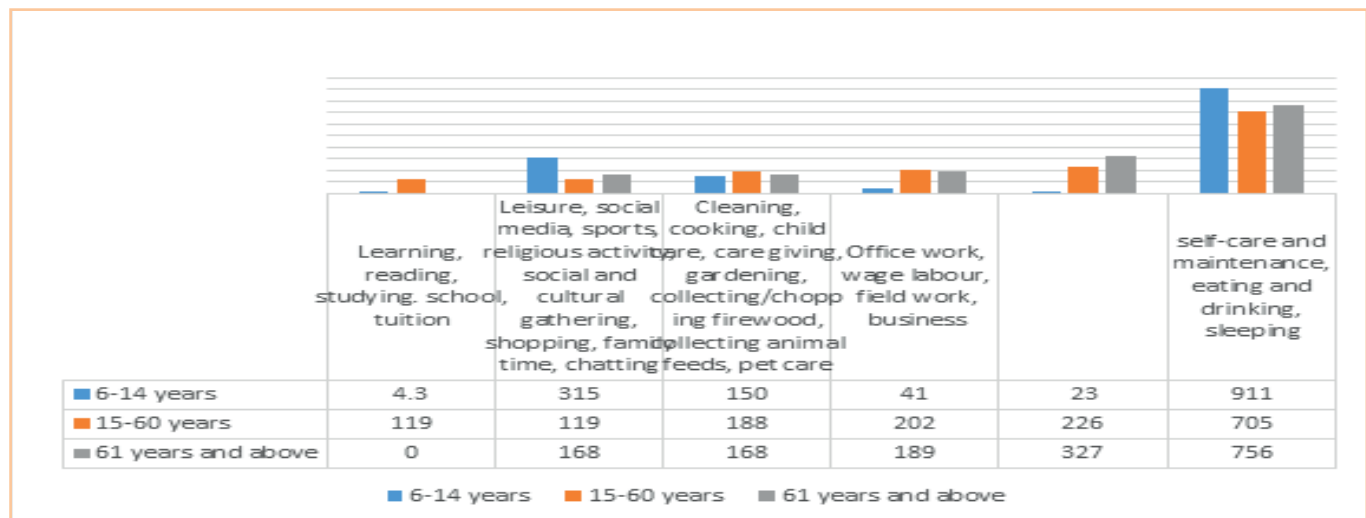
**8.10 Average time spent by people in Mokokchung District on different activities by age group of 61 years and above**

The average time spent in 24 hours by senior citizen on different activities is given below

**Table 8.10: Average time spent on different activities by senior citizen**

Activities	Time (in minutes)
Learning, reading, studying, school, tuition	0 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	168 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	189 Minutes
Office work, wage labour, field work, business	327 Minutes
Self-care and maintenance, eating and drinking, sleeping	756 minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**Figure 8.3: Average time spent on different activities by different age group**





**TIME USE  
IN  
MON DISTRICT**

## TIME USE IN MON DISTRICT

### 9.1 The number of households and number of persons covered in the survey

From the allotted 102 samples, 86 households are from rural and 16 households from urban areas. The total number of persons surveyed is 198, out of which 104 are male and 94 female respondents.

**Table 9.1: Number of households and persons**

Particular	Rural	Urban	Male	Female
No. of households	86	16		
No. of persons selected for the survey	136	62	104	94

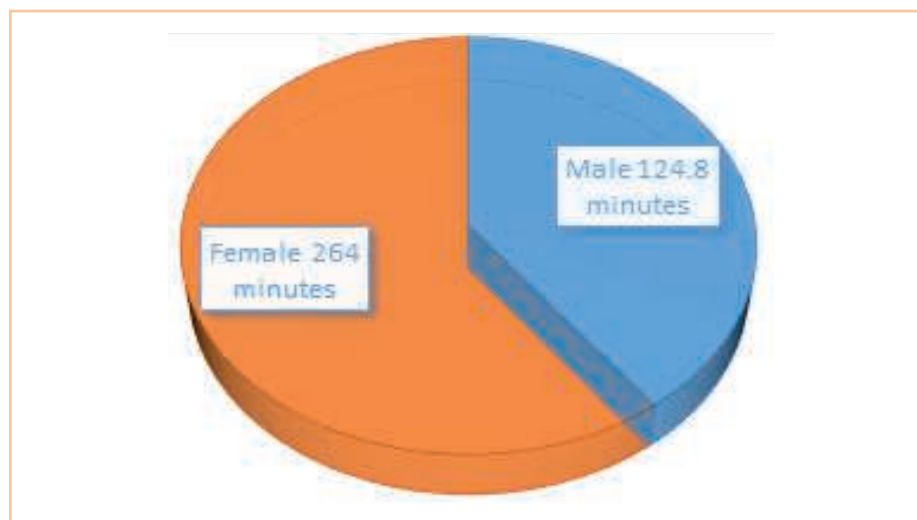
### 9.2 Average time (in minutes) spent by people in Mon district on unpaid domestic activities gender wise

The average time spent on unpaid domestic activities in a day by female is 264 minutes as compared to 124.8 minutes by male.

**Table 9.2: Average time spent on unpaid domestic activities gender wise**

Average time spent on unpaid domestic activities	Male	Female
	124.8 minutes	264 minutes

**Figure 9.1: Average time spent on unpaid domestic activities gender wise**



**9.3 Average time spent on non-economic activities gender wise and place of residence**

The average time spent on non-economic or unpaid activities in a day by male and female, and also by rural and urban households are presented in the table below.

**Table 9.3: Average time spend on non-economic activities**

Average time spent on non-economic activities	Rural	Urban	Male	Female
	1124 Minutes	1272 Minutes	1125 Minutes	1199 Minutes

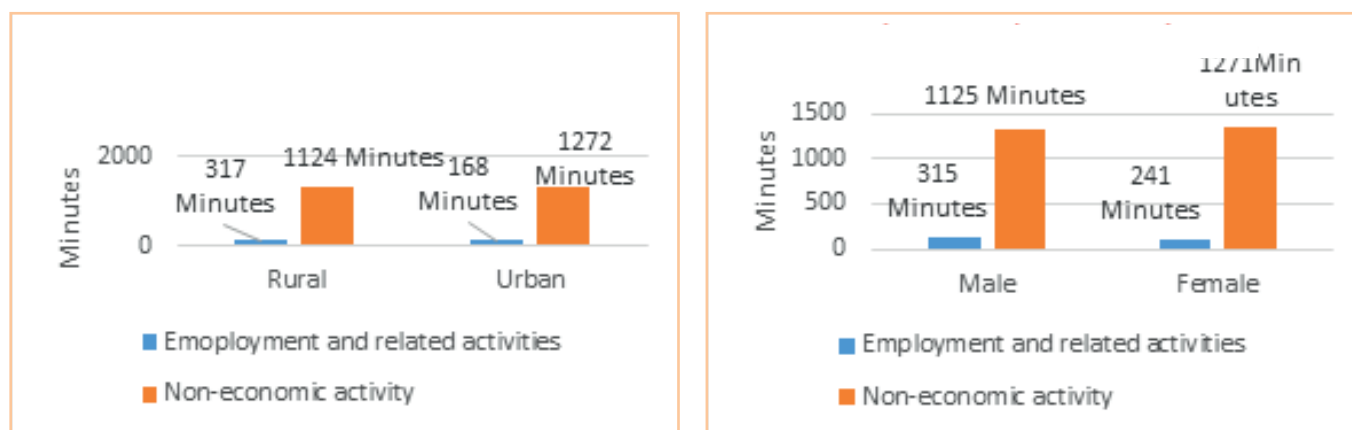
**9.4 Average time spent on economic activities gender wise and place of residence**

The average time spent on employment and related activities in a day by male and female, and by rural and urban households is presented in the table below.

**Table 9.4: Average time spent on employment and related activities**

Average time spent on employment and related activities	Rural	Urban	Male	Female
	317 Minutes	168 Minutes	315 Minutes	241 Minutes

**Figure 9.2: Average time spent on employment and related activities and non-economic activities gender wise and by place of residence**



**9.5 Average time spent on different activities by people living in Mon district**

The average time spent by people in 24 hours on different activities in Mon district is presented in the table below.

Table 9.5: Average time spent on different activities

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	97.2 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	182.8 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	189 Minutes
Office work, wage labour, field work, business	282 Minutes
Self-care and maintenance, eating and drinking, sleeping	689 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

### 9.6 Average time spent by people in Mon District on different activities gender wise

The average time spent in 24 hours on different activities by male and female is presented in the table below.

Table 9.6: Average time spent on different activities by male and female

Activities	Average time spent (in minutes)	
	Male	Female
Learning, reading, studying, school, tuition	90 Minutes	102 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	199.2 Minutes	168 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	124.8 Minutes	264 Minutes
Office work, wage labour, field work, business	315 Minutes	241 Minutes
Self-care and maintenance, eating and drinking, sleeping	711 Minutes	664 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

### 9.7 Average time spent by people in Mon District on different activities by place of residence

The average time spent in 24 hours on different activities by rural and urban households is given below

**Table 9.7: Average time spent by rural and urban households**

Activities	Average time spent (in minutes)	
	Rural	Urban
Learning, reading, studying, school, tuition	60 Minutes	210 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	170 Minutes	229 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	196 Minutes	170 Minutes
Office work, wage labour, field work, business	319 Minutes	168 Minutes
Self-care and maintenance, eating and drinking, sleeping	698 Minutes	663 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

### 9.8 Average time spent by people in Mon District on different activities by age group of 6 years to 14 years

The average time spent by school-age children in 24 hours on different activities is given below

**Table 9.8: Average time spent on different activities by school-age group**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	467 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	147 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	47 Minutes
Office work, wage labour, field work, business	37 Minutes
Self-care and maintenance, eating and drinking, sleeping	738 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

### 9.9 Average time spent by people in Mon District on different activities by age group of 15 years to 60 years

The average time spent in 24 hours on different activities by working age group is presented in the table below.

**Table 9.9: Average time spent on different activities by working age group**

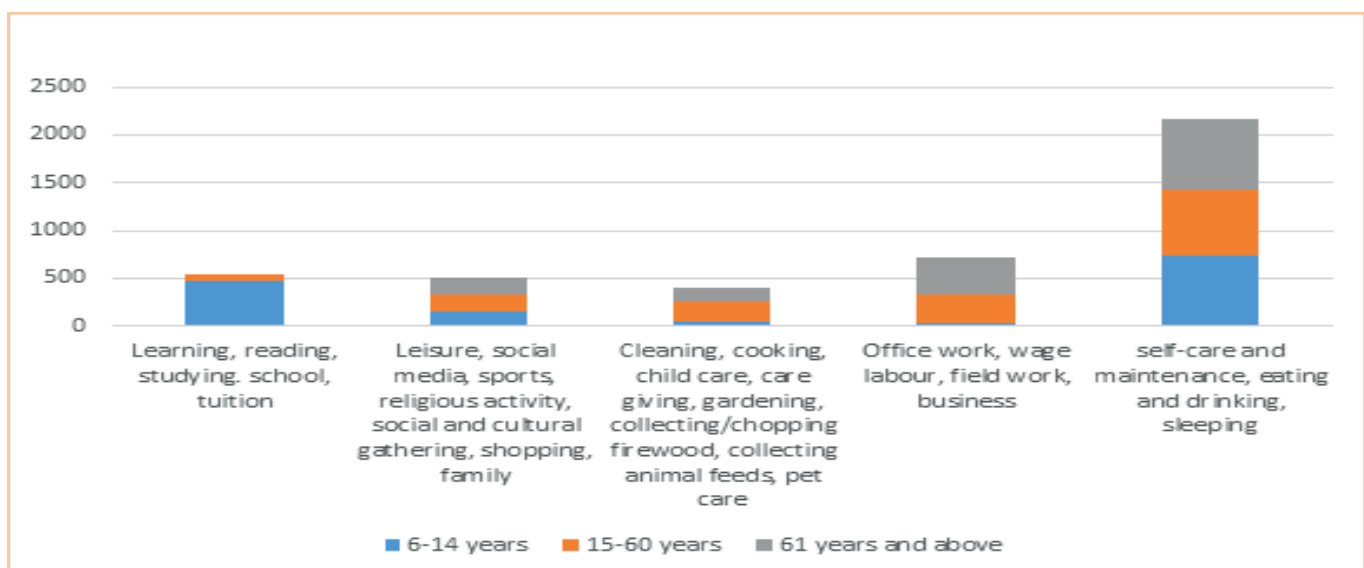
Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	67 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	188 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	205 Minutes
Office work, wage labour, field work, business	296 Minutes
Self-care and maintenance, eating and drinking, sleeping	684 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

### 9.10 Average time spent by people in Mon District on different activities by age group of 61 years and above

The average time spent in 24 hours by senior citizens on different activities is given below

**Table 9.10 : Average time spent by senior citizens on different activities**

Activities	Time (in minutes)
Learning, reading, studying, school, tuition	0 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	170 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	155 Minutes
Office work, wage labour, field work, business	379 Minutes
Self-care and maintenance, eating and drinking, sleeping	736 minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**Figure 9.3: The average time spent by different age group on different activities**



**TIME USE  
IN  
PEREN DISTRICT**

## TIME USE IN PEREN DISTRICT

### 10.1 The number of households and number of persons covered in the survey

From the allotted 38 sample, 32 households is from rural and 6 households from urban areas. The total number of persons surveyed is 139, out of which 67 are male and 70 female respondents.

**Table 10.1: Number of households and persons**

Particular	Rural	Urban	Male	Female
No. of households	32	6		
No. of persons selected for the survey	80	59	69	70

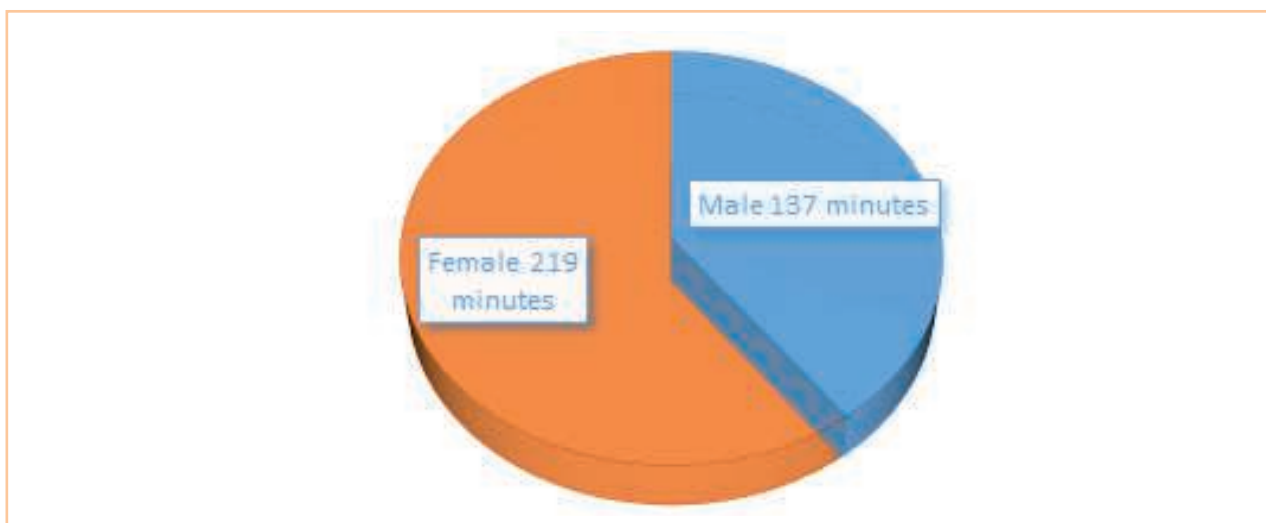
### 10.2 Average time (in minutes) spent by people in Peren district on unpaid domestic activities gender wise

The average time spent on unpaid domestic activities in a day by female is 219 minutes as compared to 137 minutes by male.

**Table 10.2: Average time spent on unpaid domestic activities gender wise**

Average time spent on unpaid domestic activities	Male	Female
	137 minutes	219 minutes

**Figure 10.1: Average time spent on unpaid domestic activities gender wise gender wise**



**10.3 Average time spent on non-economic activities gender wise and place of residence**

The average time spent on non-economic or unpaid activities in a day by male and female, and also by rural and urban households are presented in the table below.

**Table 10.3: Average time spent on non-economic activities**

Average time spent on non-economic activities	Rural	Urban	Male	Female
	1268 Minutes	1326 Minutes	1260 Minutes	1323 Minutes

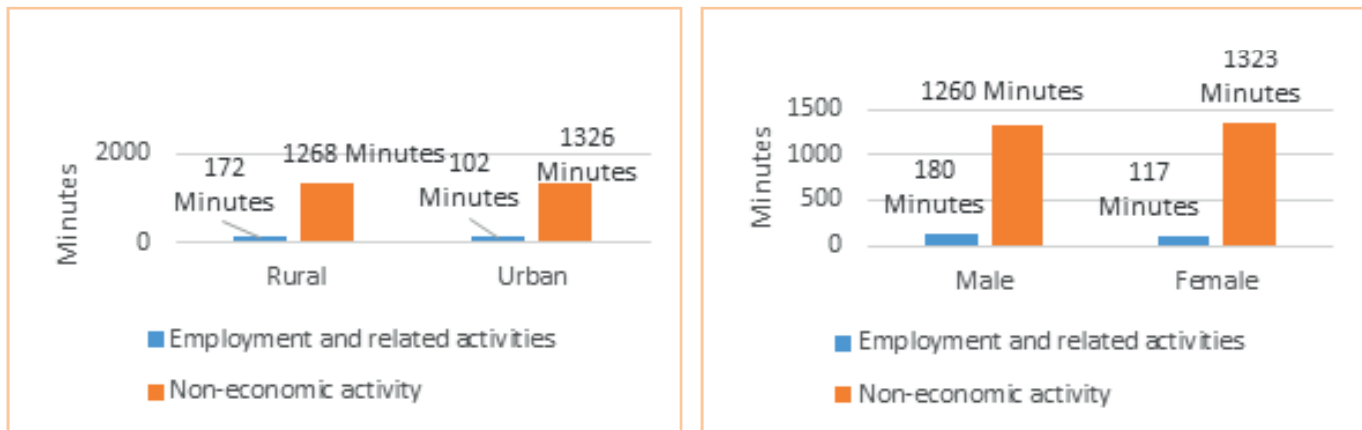
**10.4 Average time spent on employment and related activities gender wise and place of residence**

The average time spent on employment and related activities in a day by male and female, and by rural and urban households is presented in the table below.

**Table 10.4: Average time spent on employment and related activities gender wise and by place of residence**

Average time spent on employment and related activities	Rural	Urban	Male	Female
	172 Minutes	102 Minutes	180 Minutes	117 Minutes

**Figure 10.2: Average time spent on employment and related activities and non-economic activities gender wise and by place of residence**



**10.5 Average time spent on different activities by people living in Peren district**

The average time spent by people in 24 hours on different activities in Peren district is presented in the table below

**Table 10.5: Average time spent on different activities**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	108 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	231 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	180 Minutes
Office work, wage labour, field work, business	147 Minutes
Self-care and maintenance, eating and drinking, sleeping	774 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**10.6 Average time spent by people in Peren District on different activities gender wise**

The average time spent in 24 hours on different activities by male and female is presented in the table below.

**Table 10.6: Average time spent on different activities by male and female**

Activities	Average time spent (in minutes)	
	Male	Female
Learning, reading, studying, school, tuition	81 Minutes	132 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	238 Minutes	222 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	137 Minutes	219 Minutes
Office work, wage labour, field work, business	180 Minutes	117 Minutes
Selfcare and maintenance, eating and drinking, sleeping	804 Minutes	750 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

**10.7 Average time spent by people in Peren District on different activities by place of residence**

The average time spent in 24 hours on different activities by rural and urban households is given below

**Table 10.7: Average time spent by rural and urban households**

Activities	Average time spent (in minutes)	
	Rural	Urban
Learning, reading, studying, school, tuition	73 Minutes	160 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	215 Minutes	256 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	174 Minutes	190 Minutes
Office work, wage labour, field work, business	172 Minutes	102 Minutes
Self-care and maintenance, eating and drinking, sleeping	806 Minutes	720 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

### 10.8 Average time spent by people in Peren District on different activities by age group of 6 years to 14 years

The average time spent by school-age children in 24 hours on different activities is given below

**Table 10.8: Average time spent on different activities by school-age group**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	394 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	217 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	25 Minutes
Office work, wage labour, field work, business	0 Minutes
Self-care and maintenance, eating and drinking, sleeping	804 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

### 10.9 Average time spent by people in Peren District on different activities by age group of 15 years to 60 years

The average time spent in 24 hours on different activities by working age group is presented in the table below.

**Table 10.9: Average time spent on different activities by working age group**

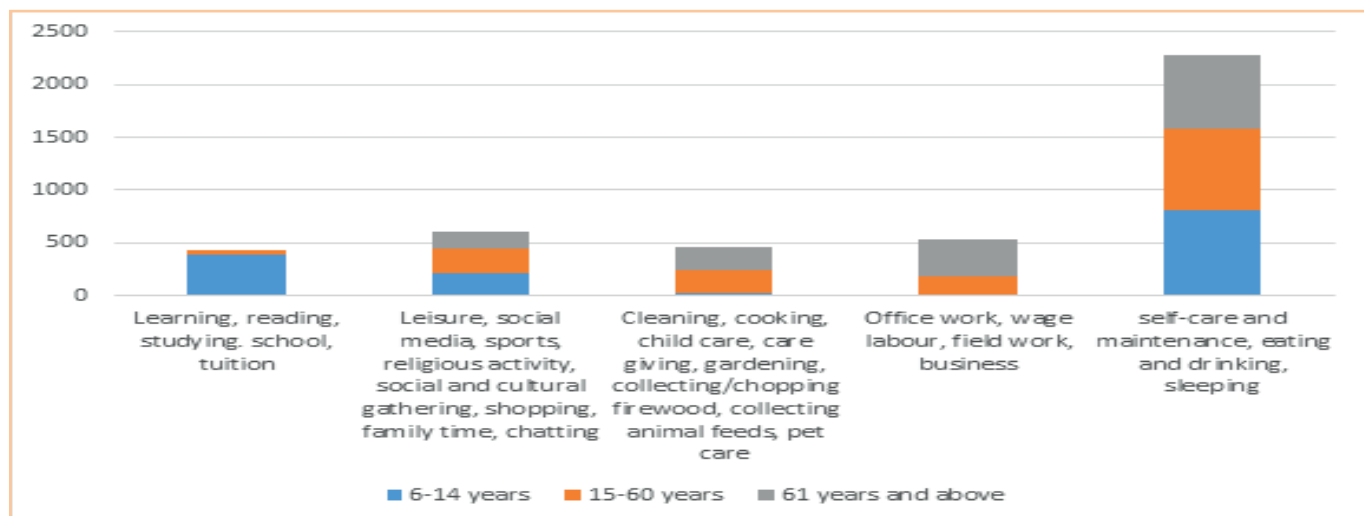
Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	40 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	234 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	214 Minutes
Office work, wage labour, field work, business	179 Minutes
Self care and maintenance, eating and drinking, sleeping	773 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

### 10.10 Average time spent by people in Peren District on different activities by age group of 61 years and above

The average time spent in 24 hours by senior citizen on different activities is given below

**Table 10.10: Average time spent on different activities by senior citizen**

Activities	Time (in minutes)
Learning, reading, studying, school, tuition	0 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	160 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	220 Minutes
Office work, wage labour, field work, business	360 Minutes
Self-care and maintenance, eating and drinking, sleeping	700 minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**Figure 10.3: Average time spend on different activities by different age group**



**TIME USE  
IN  
PHEK DISTRICT**

## TIME USE IN PHEK DISTRICT

### 11.1 The number of households and number of persons covered in the survey

From the allotted 66 samples, 56 households are from rural and 10 households from urban areas. The total number of persons surveyed is 172, out of which 84 are male and 88 female respondents.

**Table 11.1 : Number of households and persons**

Particulars	Rural	Urban	Male	Female
No. of households	56	10		
No. of persons selected for the survey	114	58	84	88

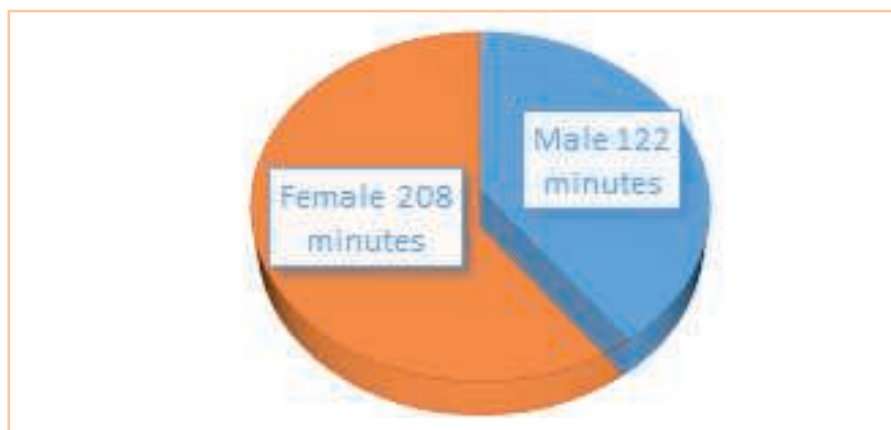
### 11.2 Average time (in minutes) spent by people in Phek district on unpaid domestic activities gender wise

The average time spent on unpaid domestic activities in a day by female is 208 minutes as compared to 122 minutes by male.

**Table 11.2: Average time spent on unpaid domestic activities gender wise**

Average time spent on unpaid domestic activities	Male	Female
	122 minutes	208 minutes

**Figure 11.1: Average time spent on unpaid domestic activities gender wise**



### 11.3 Average time spent on non-economic activities gender wise and place of residence

The average time spent on non-economic or unpaid activities in a day by male and female, and also by rural and urban households are presented in the table below.

**Table 11.3: Average time spent on non-economic activities**

Average time spent on non-economic activities	Rural	Urban	Male	Female
	1200 Minutes	1239 Minutes	1219 Minutes	1208 Minutes

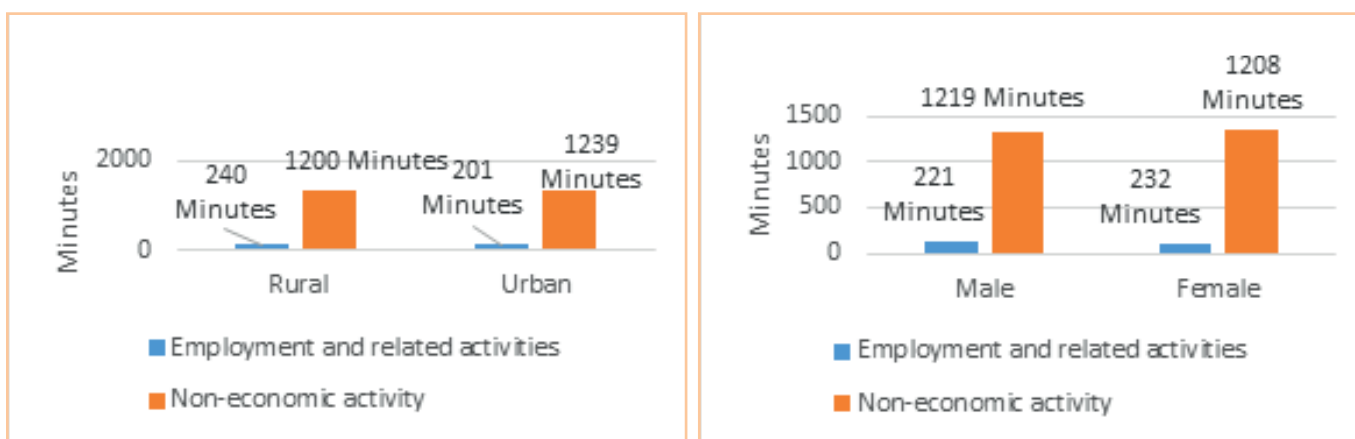
**11.4 Average time spent on employment and related activities gender wise and place of residence**

The average time spent on employment and related activities in a day by male and female, and by rural and urban households is presented in the table below.

**Table 11.4: Average time spent on employment and related activities gender wise and by place of residence**

Average time spent on employment and related activities	Rural	Urban	Male	Female
	240 Minutes	201 Minutes	221 Minutes	232 Minutes

**Figure 11.2: Average time spent on employment and related activities and non-economic activities gender wise and by place of residence**



**11.5 Average time spent on different activities by people living in Phek district**

The average time spent by people in 24 hours on different activities in Phek district is presented in the table below.

**Table 11.5: Average time spent on different activities**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	104 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	143 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	167 Minutes
Office work, wage labour, field work, business	227 Minutes
Self-care and maintenance, eating and drinking, sleeping	799 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**11.6 Average time spent by people in Phek District on different activities gender wise**

The average time spent in 24 hours on different activities by male and female is presented in the table below.

**Table 11.6: Average time spent on different activities by male and female**

Activities	Average time spent (in minutes)	
	Male	Female
Learning, reading, studying, school, tuition	133 Minutes	76 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	173 Minutes	118 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	122 Minutes	208 Minutes
Office work, wage labour, field work, business	221 Minutes	232 Minutes
Self-care and maintenance, eating and drinking, sleeping	791 Minutes	806 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

**11.7 Average time spent by people in Phek District on different activities by place of residence**

The average time spent in 24 hours on different activities by rural and urban households is given below

**Table 11.7: Average time spent by rural and urban households**

Activities	Average time spent (in minutes)	
	Rural	Urban
Learning, reading, studying, school, tuition	72 Minutes	201 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	150 Minutes	126 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	168 Minutes	165 Minutes
Office work, wage labour, field work, business	240 Minutes	201 Minutes
Self-care and maintenance, eating and drinking, sleeping	810 Minutes	747 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

### 11.8 Average time spent by people in Phek District on different activities by age group of 6 years to 14 years

The average time spent by school-age children in 24 hours on different activities is given below

**Table 11.8: Average time spent on different activities by school-age group**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	409 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	122 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	47 Minutes
Office work, wage labour, field work, business	29 Minutes
Self-care and maintenance, eating and drinking, sleeping	833 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

### 11.9 Average time spent by people in Phek District on different activities by age group of 15 years to 60 years

The average time spent in 24 hours on different activities by working age group is presented in the table below.

**Table 11.9: Average time spent on different activities by working age group**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	64 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	139 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	192 Minutes
Office work, wage labour, field work, business	271 Minutes
Self-care and maintenance, eating and drinking, sleeping	774 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

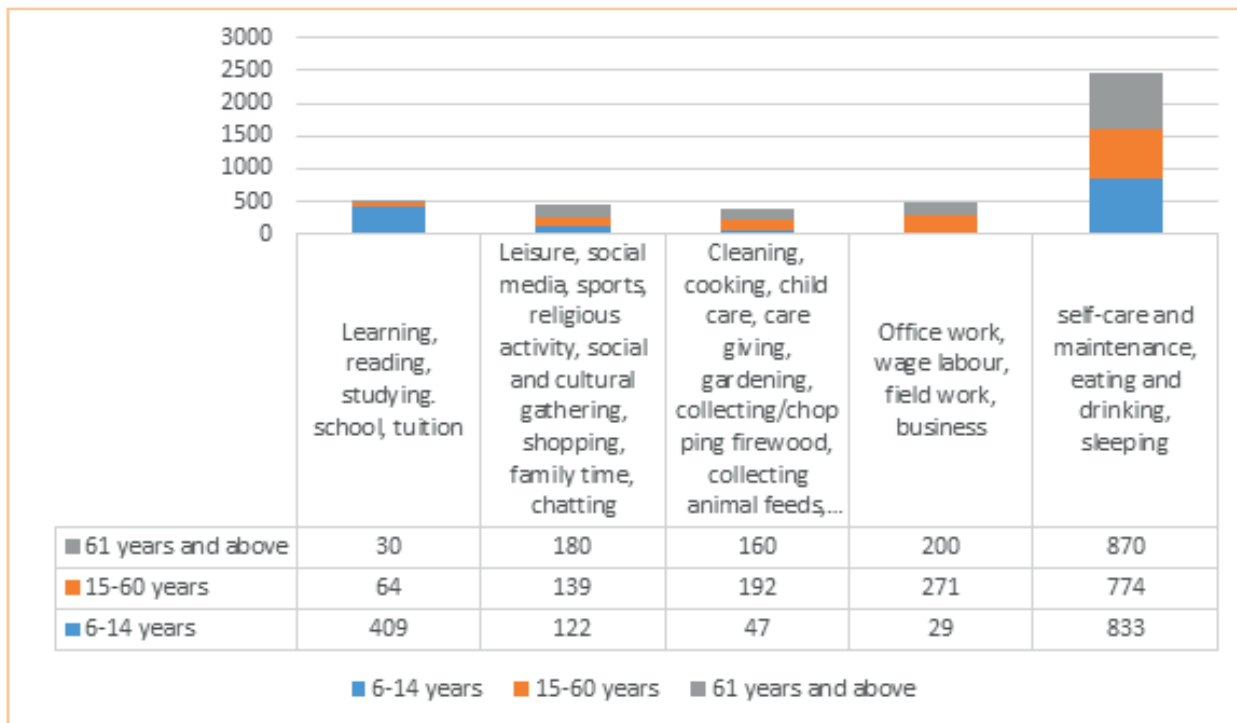
### 11.10 Average time spent by people in Phek District on different activities by age group of 61 years and above

The average time spent in 24 hours by senior citizens on different activities is given below

**Table 11.10: Average time spent on different activities by senior citizens**

Activities	Time (in minutes)
Learning, reading, studying, school, tuition	30 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	180 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	160 Minutes
Office work, wage labour, field work, business	200 Minutes
Self-care and maintenance, eating and drinking, sleeping	870 minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**Figure 11.3: Average time spent on different activities by different age group**





**TIME USE  
IN  
TUENSANG DISTRICT**

## TIME USE IN TUENSANG DISTRICT

### 12.1 The number of households and number of persons covered in the survey

From the allotted 80 samples, 64 households are from rural and 16 households from urban areas. The total number of persons surveyed is 164, out of which 82 are male and 82 female respondents.

**Table 12.1: Number of households and persons**

Particulars	Rural	Urban	Male	Female
No. of households	64	16		
No. of persons selected for the survey	87	77	82	82

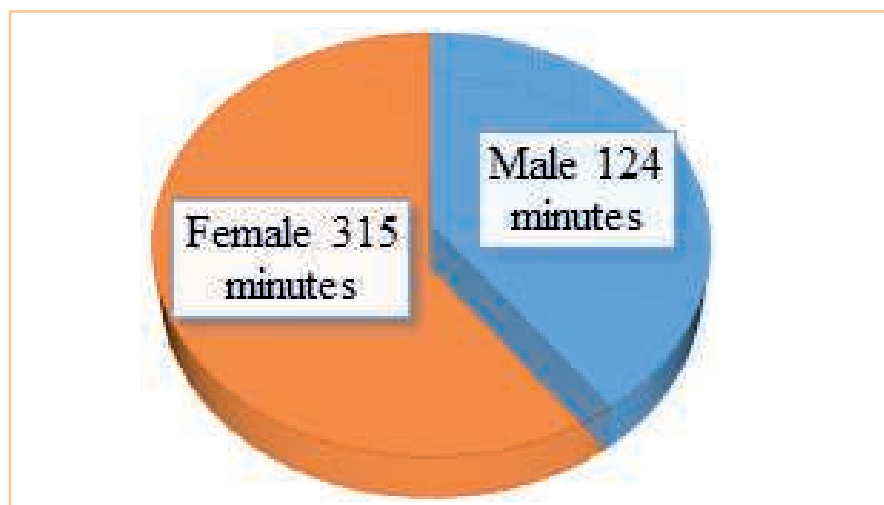
### 12.2 Average time (in minutes) spent by people in Tuensang district on unpaid domestic activities gender wise

The average time spent on unpaid domestic activities in a day by female is 315 minutes as compared to 124 minutes by male.

**Table 12.2: Average time spent on unpaid domestic activities gender wise**

Average time spent on unpaid domestic activities	Male	Female
	124 minutes	315 minutes

**Figure 12.1: Average time spent on unpaid domestic activities gender wise**



**12.3 Average time spent on non-economic activities gender wise and place of residence**

The average time spent on non-economic or unpaid activities in a day by male and female, and also by rural and urban households are presented in the table below.

**Table 12.3: Average time spend on non-economic activities**

Average time spent on non-economic activities	Rural	Urban	Male	Female
	1306 Minutes	1383 Minutes	1288 Minutes	1353 Minutes

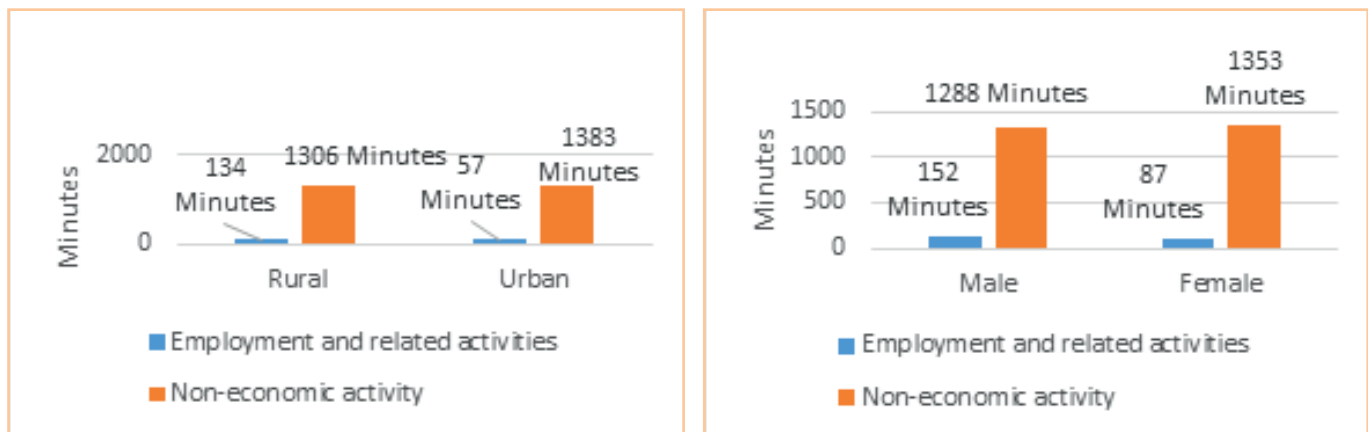
**12.4 Average time spent on employment and related activities gender wise and place of residence**

The average time spent on employment and related activities in a day by male and female, and by rural and urban households is presented in the table below.

**Table 12.4: Average time spent on employment and related activities gender wise and by place of residence**

Average time spent on employment and related activities	Rural	Urban	Male	Female
	134 Minutes	57 Minutes	152 Minutes	87 Minutes

**Figure 12.2: Average time spent on employment and related activities and non-economic activities gender wise and by place of residence**



**12.5 Average time spent on different activities by people living in Tuensang district**

The average time spent by people in 24 hours on different activities in Tuensang district is presented in the table below.

**Table 12.5: Average time spent on different activities**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	151 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	213 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	222 Minutes
Office work, wage labour, field work, business	116 Minutes
Self-care and maintenance eating and drinking, sleeping	738 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

### 12.6 Average time spent by people in Tuensang District on different activities gender wise

The average time spent in 24 hours on different activities by male and female is presented in the table below.

**Table 12.6: Average time spent on different activities by male and female**

Activities	Average time spent (in minutes)	
	Male	Female
Learning, reading, studying, school, tuition	198 Minutes	107 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	234 Minutes	191 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	124 Minutes	315 Minutes
Office work, wage labour, field work, business	152 Minutes	87 Minutes
Selfcare and maintenance eating and drinking, sleeping	732 Minutes	740 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

### 12.7 Average time spent by people in Tuensang District on different activities by place of residence

The average time spent in 24 hours on different activities by rural and urban households is given below

**Table 12.7: Average time spent by rural and urban households**

Activities	Average time spent (in minutes)	
	Rural	Urban
Learning, reading, studying, school, tuition	116 Minutes	280 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, familytime, chatting	206 Minutes	244 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	230 Minutes	184 Minutes
Office work, wage labour, field work, business	134 Minutes	57 Minutes
Self-care and maintenance eating and drinking, sleeping	754 Minutes	675 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

**12.8 Average time spent by people in Tuensang District on different activities by the age group of 6-14 years**

The average time spent by school-age children in 24 hours on different activities is given below

**Table 12.8: Average time spent on different activities by school-age group**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	494 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	166 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	58 Minutes
Office work, wage labour, field work, business	0 Minutes
Self-care and maintenance eating and drinking, sleeping	722 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**12.9 Average time spent by people in Tuensang District on different activities by age group of 15 years to 60 years**

The average time spent in 24 hours on different activities by working age group is presented in the table below.

**Table 12.9: Average time spent on different activities by working age group**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	108 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	226 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	240 Minutes
Office work, wage labour, field work, business	126 Minutes
Self-care and maintenance eating and drinking, sleeping	740 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

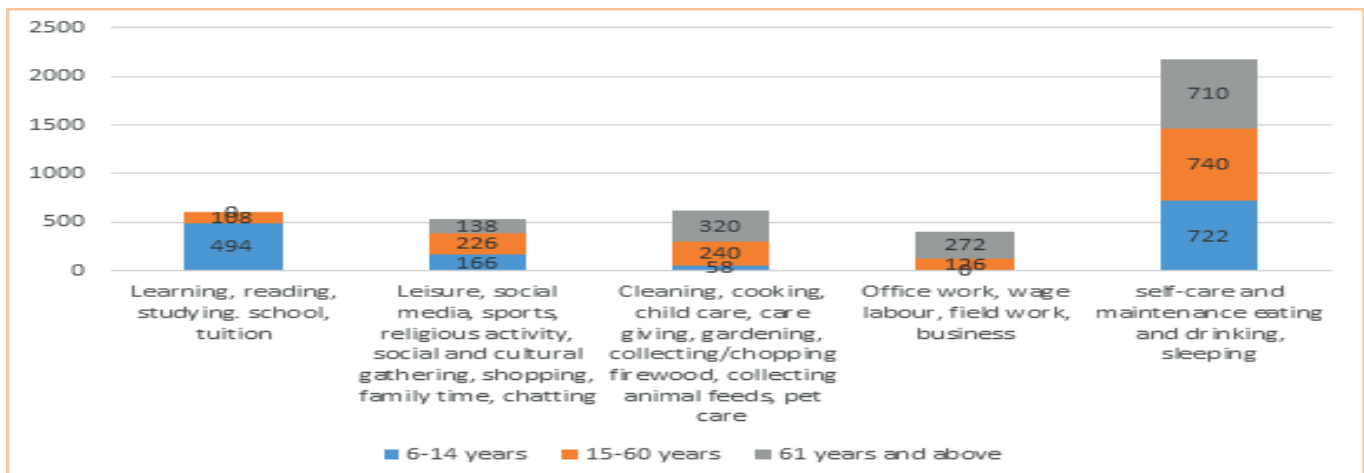
**12.10 Average time spent by people in Tuensang District on different activities by age group of 61 years and above**

The average time spent in 24 hours by senior citizen on different activities is given below

**Table 12.10: Average time spent on different activities by senior citizens**

Activities	Time (in minutes)
Learning, reading, studying, school, tuition	0 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	138 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	320 Minutes
Office work, wage labour, field work, business	272 Minutes
Self-care and maintenance eating and drinking, sleeping	710 minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**Figure 12.3: Average time spent on different activities by different age group**





**TIME USE  
IN  
WOKHA DISTRICT**

## TIME USE IN WOKHA DISTRICT

### 13.1 The number of households and number of persons covered in the survey

From the allotted 68 samples, 52 households are from rural and 16 households from urban areas. The total number of persons surveyed is 142, out of which 71 are male and 71 female respondents.

**Table 13.1: Number of households and persons**

Particulars	Rural	Urban	Male	Female
No. of households	52	16		
No. of persons selected for the survey	82	60	71	71

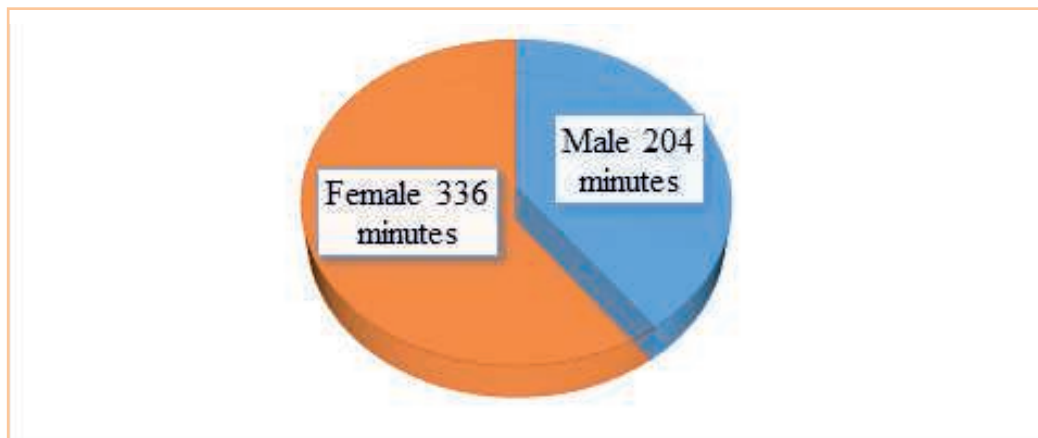
### 13.2 Average time (in minutes) spent by people in Wokha district on unpaid domestic activities gender wise

The average time spent on unpaid domestic activities in a day is 336 minutes by female and 204 minutes by male.

**Table 13.2: Average time spent on unpaid domestic activities gender wise**

Average time spent on unpaid domestic activities	Male	Female
	204 minutes	336 minutes

**Figure 13.1: Average time spent on unpaid domestic activities gender wise**



### 13.3 Average time spent on non-economic activities gender wise and place of residence

The average time spent on non-economic or unpaid activities in a day by male and female, and also by rural and urban households are presented in the table below.

Table 13.3: Average time spent on non-economic activities

Average time spent on non-economic activities	Rural	Urban	Male	Female
	1260 Minutes	1212 Minutes	1200 Minutes	1284 Minutes

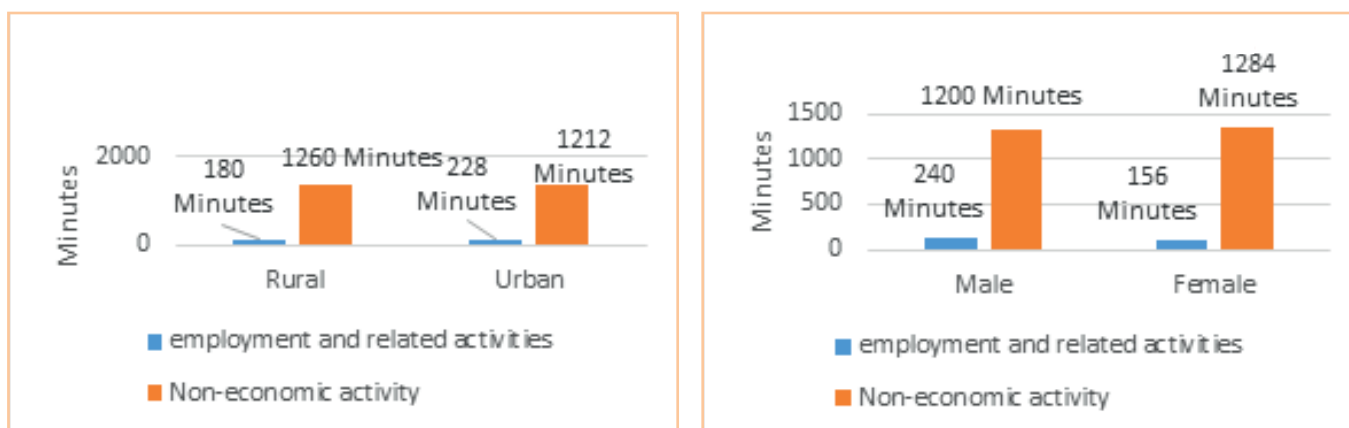
**13.4 Average time spent on employment and related activities gender wise and place of residence**

The average time spent on employment and related activities in a day by male and female, and by rural and urban households is presented in the table below.

Table 13.4: Average time spent on employment and related activities gender wise and by place of residence

Average time spent on employment and related activities	Rural	Urban	Male	Female
	180 Minutes	228 Minutes	240 Minutes	156 Minutes

Figure 13.2: Average time spent on employment and related activities and non-economic activities gender wise and by place of residence



**13.5 Average time spent on different activities by people living in Wokha district**

The average time spent by people in 24 hours on different activities in Wokha district is presented in the table below.

**Table 13.5: Average time spent on different activities**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	42 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	246 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	276 Minutes
Office work, wage labour, field work, business	204 Minutes
Self-care and maintenance, eating and drinking, sleeping	672 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**13.6 Average time spent by people in Wokha District on different activities gender wise**

The average time spent in 24 hours on different activities by male and female is presented in the table below.

**Table 13.6: Average time spent on different activities by male and female**

Activities	Average time spent (in minutes)	
	Male	Female
Learning, reading, studying, school, tuition	36 Minutes	42 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	282 Minutes	210 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	204 Minutes	336 Minutes
Office work, wage labour, field work, business	240 Minutes	156 Minutes
Self-care and maintenance, eating and drinking, sleeping	678 Minutes	696 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

**13.7 Average time spent by people in Wokha District on different activities by place of residence**

The average time spent in 24 hours on different activities by rural and urban households is given below

**Table 13.7: Average time spent by rural and urban households**

Activities	Average time spent (in minutes)	
	Rural	Urban
Learning, reading, studying, school, tuition	1.2 Minutes	102 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	300 Minutes	168 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	264 Minutes	258 Minutes
Office work, wage labour, field work, business	180 Minutes	228 Minutes
Self-care and maintenance, eating and drinking, sleeping	694.8 Minutes	684 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

**13.8 Average time spent by people in Wokha District on different activities by age group of 6 years to 14 years**

The average time spent by school-age children in 24 hours on different activities is given below

**Table 13.8: Average time spent on different activities by school-age group**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	276 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	282 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	168 Minutes
Office work, wage labour, field work, business	0 Minutes
Self-care and maintenance, eating and drinking, sleeping	714 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**13.9 Average time spent by people in Wokha District on different activities by age group of 15 years to 60 years**

The average time spent in 24 hours on different activities by working age group is presented in the table below.

**Table 13.9: Average time spent on different activities by working age group**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	15 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	222 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	282 Minutes
Office work, wage labour, field work, business	222 Minutes
Self-care and maintenance, eating and drinking, sleeping	696 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

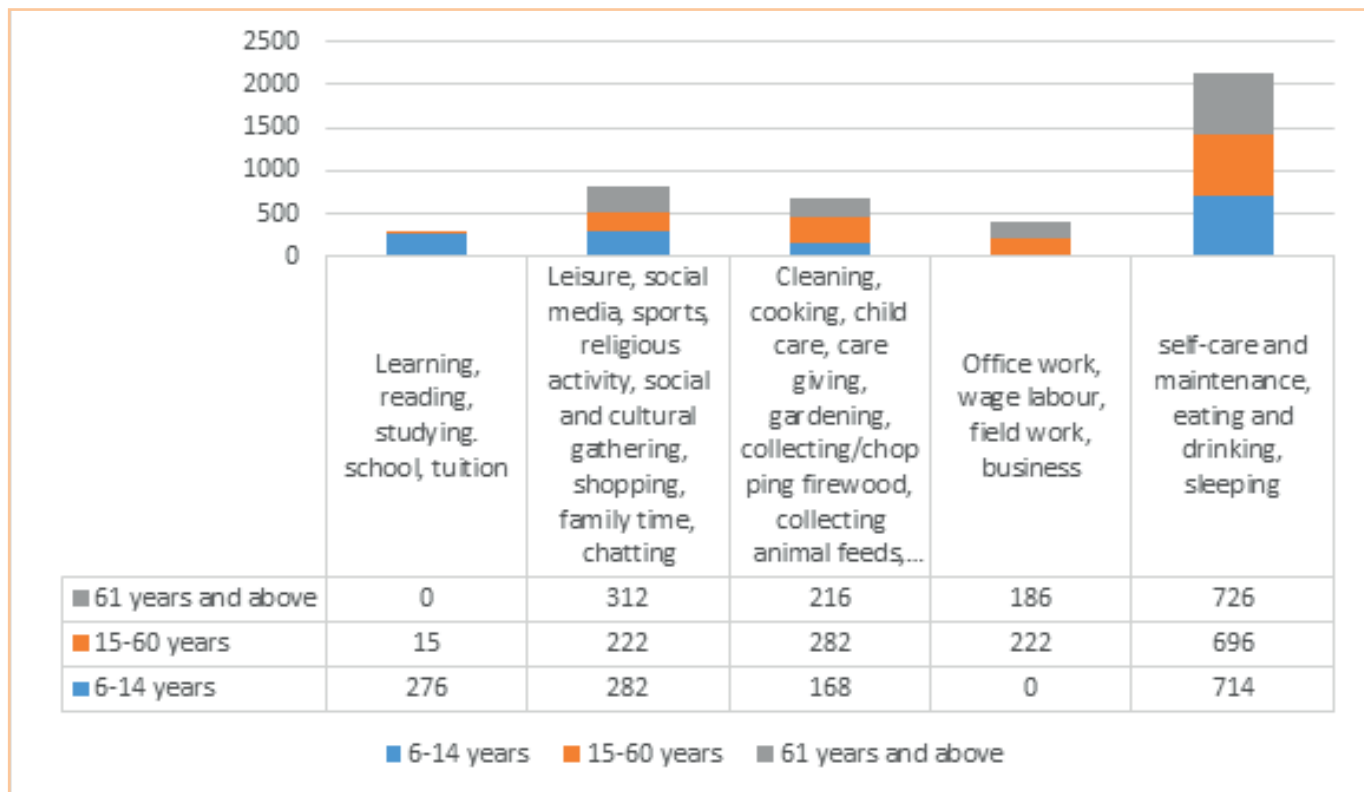
**13.10 Average time spent by people in Wokha District on different activities by age group of 61 years and above**

The average time spent in 24 hours by senior citizen on different activities is given below

**Table 13.10: Average time spent on different activities by senior citizen**

Activities	Time (in minutes)
Learning, reading, studying, school, tuition	0 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	312 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	216 Minutes
Office work, wage labour, field work, business	186 Minutes
Self-care and maintenance, eating and drinking, sleeping	726 minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**Figure 13.3: Average time spent on different activities by different age group**





**TIME USE  
IN  
ZUNHEBOTO DISTRICT**

## TIME USE IN ZUNHEBOTO DISTRICT

### 14.1 The number of households and number of persons covered in the survey

From the allotted 56 samples, 44 households are from rural and 12 households from urban areas. The total number of persons surveyed is 156, out of which 77 are male and 79 female respondents.

**Table 14.1: Number of households and persons**

Particulars	Rural	Urban	Male	Female
No. of households	44	12		
No. of persons selected for the survey	93	63	77	79

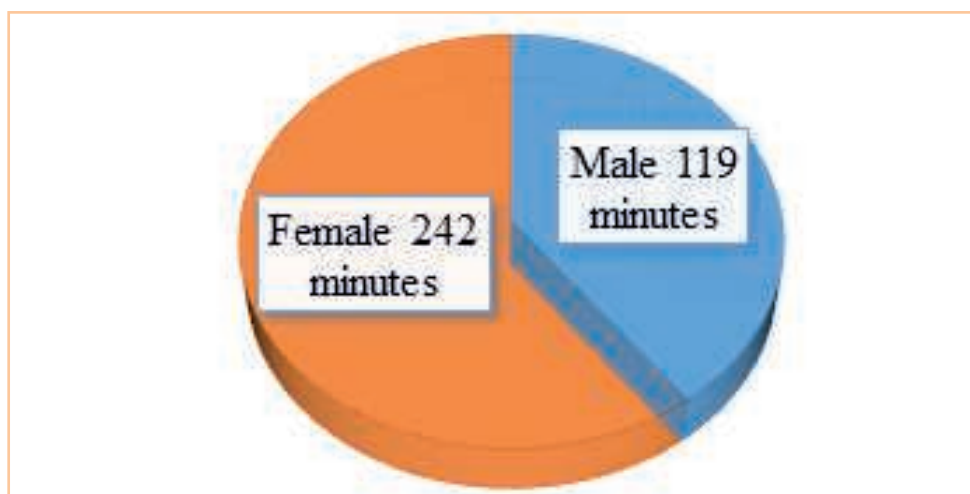
### 14.2 Average time (in minutes) spent by people in Zunheboto district on unpaid domestic activities gender wise

From the given table below, the average time spent on unpaid domestic activities in a day is 242 minutes by female as compared to 119 minutes by male.

**Table 14.2: Average time spent on unpaid domestic activities gender wise**

Average time spent on unpaid domestic activities	Male	Female
	119 minutes	242 minutes

**Figure 14.1: Average time spent on unpaid domestic activities gender wise**



**14.3 Average time spent on non-economic activities gender wise and place of residence**

The average time spent on non-economic or unpaid activities in a day by male and female, and also by rural and urban households are presented in the table below.

**Table 14.3: Average time spend on non-economic activities**

Average time spent on non-economic activities	Rural	Urban	Male	Female
	1134 Minutes	1137 Minutes	1094 Minutes	1175 Minutes

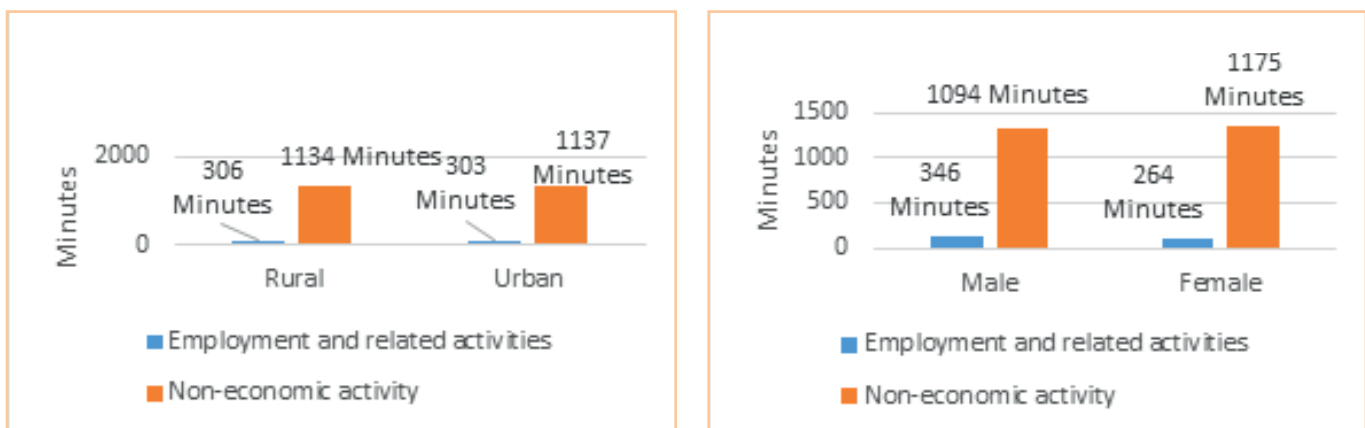
**14.4 Average time spent on employment and related activities gender wise and place of residence**

The average time spent on employment and related activities in a day by male and female, and by rural and urban households is presented in the table below.

**Table 14.4: Average time spent on employment and related activities gender wise and by place of residence**

Average time spent on employment and related activities	Rural	Urban	Male	Female
	306 Minutes	303 Minutes	346 Minutes	265 Minutes

**Figure 14.2: Average time spent on employment and related activities and non-economic activities gender wise and by place of residence**



**14.5 Average time spent on different activities by people living in Zunheboto district**

The average time spent by people in 24 hours on different activities in Zunheboto district is presented in the table below.

**Table 14.5: Average time spent on different activities**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	60 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	186 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	174 Minutes
Office work, wage labour, field work, business	300 Minutes
Self-care and maintenance, eating and drinking, sleeping	720 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**14.6 Average time spent by people in Zunheboto District on different activities gender wise**

The average time spent in 24 hours on different activities by male and female is presented in the table below.

**Table 14.6: Average time spent on different activities by male and female**

Activities	Average time spent (in minutes)	
	Male	Female
Learning, reading, studying, school, tuition	50 Minutes	60 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	197 Minutes	173 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	119 Minutes	242 Minutes
Office work, wage labour, field work, business	346 Minutes	265 Minutes
Self-care and maintenance, eating and drinking, sleeping	728 Minutes	700 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

**14.7 Average time spent by people in Zunheboto District on different activities by place of residence**

The average time spent in 24 hours on different activities by rural and urban households is given below

**Table 14.7: Average time spent by rural and urban households**

Activities	Average time spent (in minutes)	
	Rural	Urban
Learning, reading, studying, school, tuition	27 Minutes	110 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	204 Minutes	151 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	183 Minutes	174 Minutes
Office work, wage labour, field work, business	306 Minutes	303 Minutes
Self-care and maintenance, eating and drinking, sleeping	720 Minutes	702 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>	<b>1440 Minutes</b>

**14.8 Average time spent by people in Zunheboto District on different activities by age group of 6 years to 14 years**

The average time spent by school-age children in 24 hours on different activities is given below

**Table 14.8: Average time spent on different activities by school-age group**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	498 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	150 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	50 Minutes
Office work, wage labour, field work, business	0 Minutes
Self-care and maintenance, eating and drinking, sleeping	742 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**14.9 Average time spent by people in Zunheboto District on different activities by age group of 15 years to 60 years**

The average time spent in 24 hours on different activities by working age group is presented in the table below.

**Table 14.9: Average time spent on different activities by working age group**

Activities	Average time spent (in minutes)
Learning, reading, studying, school, tuition	12 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	197 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	180 Minutes
Office work, wage labour, field work, business	332 Minutes
Self-care and maintenance, eating and drinking, sleeping	719 Minutes
<b>Total Time</b>	<b>1440 Minutes</b>

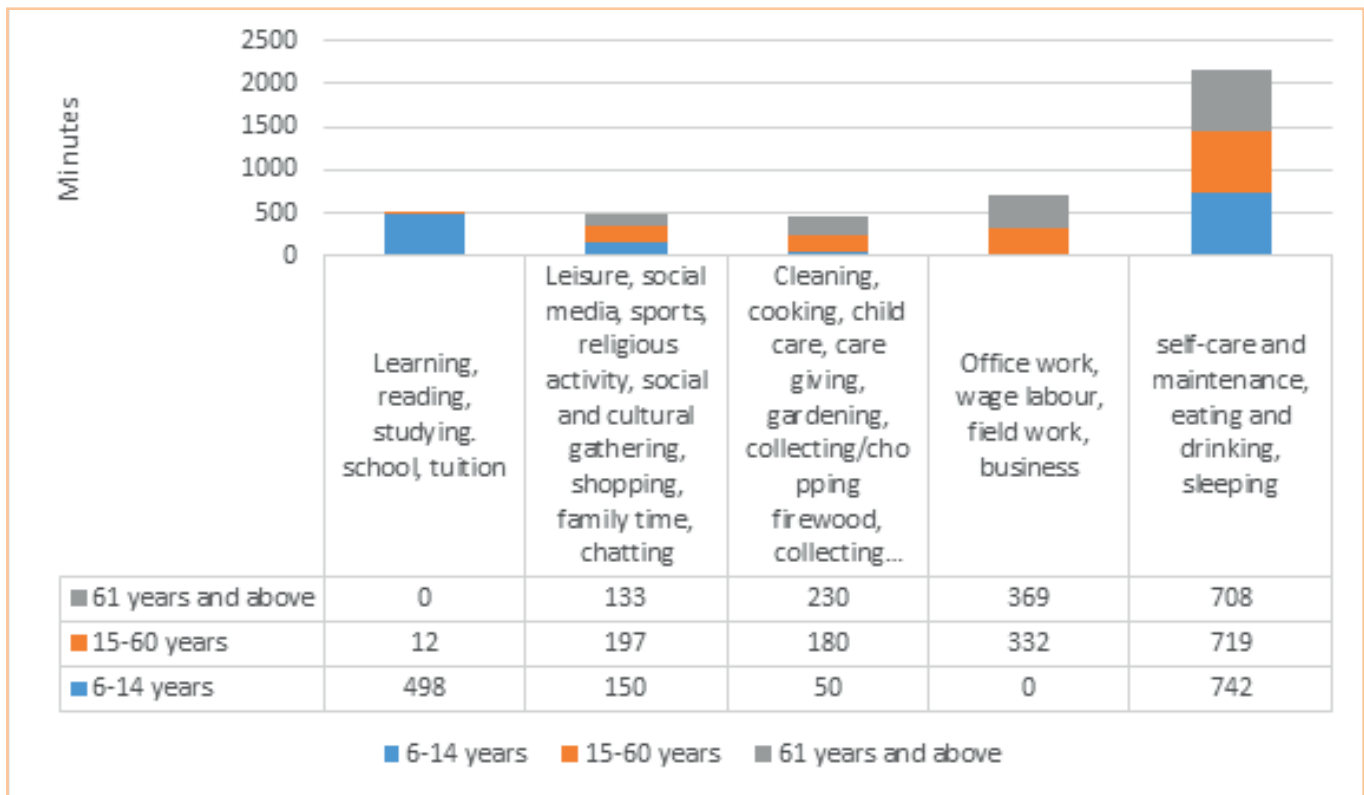
**14.10 Average time spent by people in Zunheboto District on different activities by age group of 61 years and above**

The average time spent in 24 hours by senior citizen on different activities is given below

**Table 14.10: Average time spent on different activities by senior citizens**

Activities	Time (in minutes)
Learning, reading, studying, school, tuition	0 Minutes
Leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting	133 Minutes
Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care	230 Minutes
Office work, wage labour, field work, business	369 Minutes
Self-care and maintenance, eating and drinking, sleeping	708 minutes
<b>Total Time</b>	<b>1440 Minutes</b>

**Figure 14.3: Average time spent on different activities by different age group**





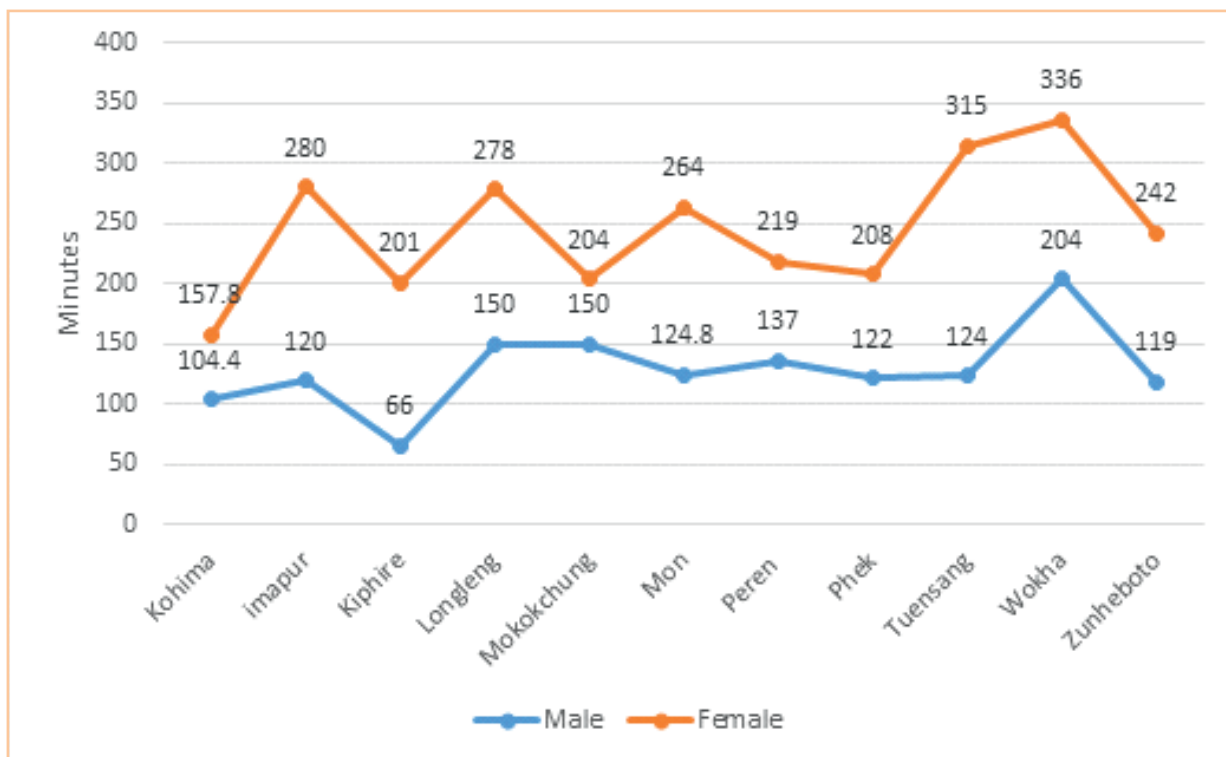
**DISTRICT WISE TIME USE  
ON  
DIFFERENT ACTIVITIES**

## DISTRICT WISE TIME USE ON DIFFERENT ACTIVITIES

### 15.1. District wise average time spent on unpaid domestic activities by male and female

In the given figure 15.1 below, the most average time spent on unpaid domestic activities in a day is 336 minutes by female from Wokha district, whereas, the lowest average time spend is 66 minutes by male of Kiphire district. Notably, in all the districts of Nagaland, female have more average time spent on unpaid domestic activities than the male population. Amongst female, the average time spent on unpaid domestic activities in a day is lowest in Kohima district which is 157.8 Minutes

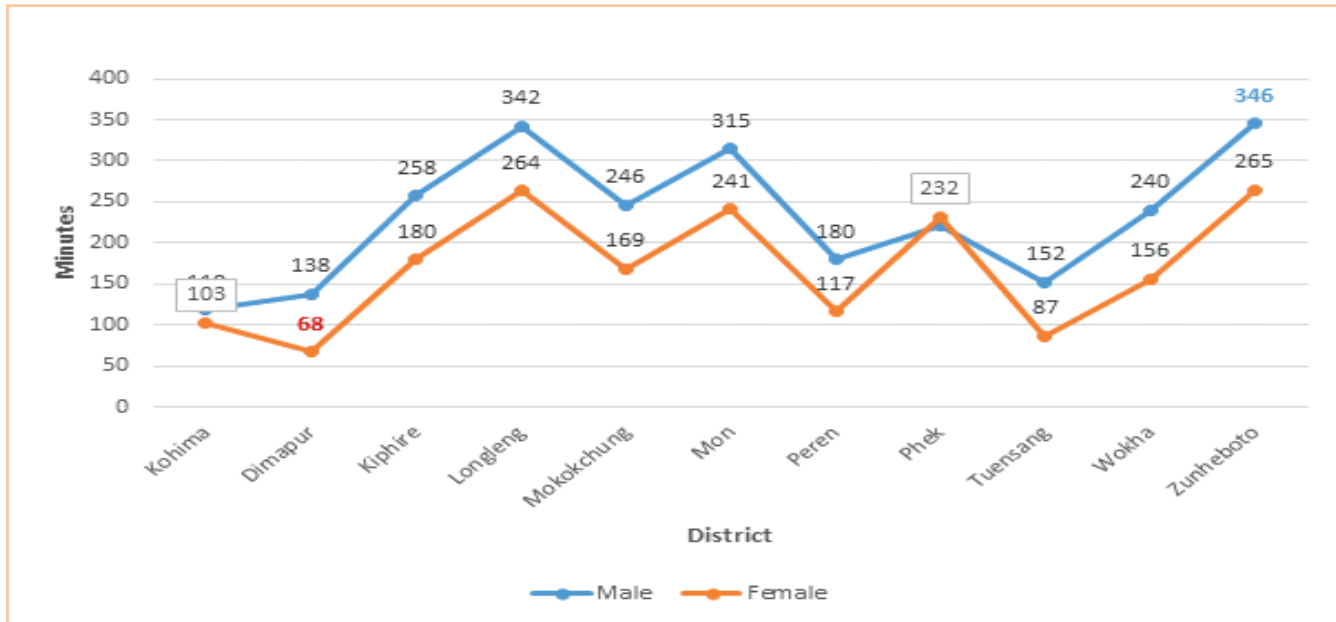
**Figure 15.1: District wise average time spend on unpaid domestic activities**



### 15.2 District wise average time spent on employment/paid and related activities in a day

In the figure given below, the most average time spent on employment/paid and related activities in a day is 346 minutes by male in Zunheboto district, and the lowest average time spent is 68 minutes by female in Dimapur district. Amongst male, the lowest average time spent is 103 minutes in Kohima district, whereas, the most average time spent by female is 265 minutes in Zunheboto district.

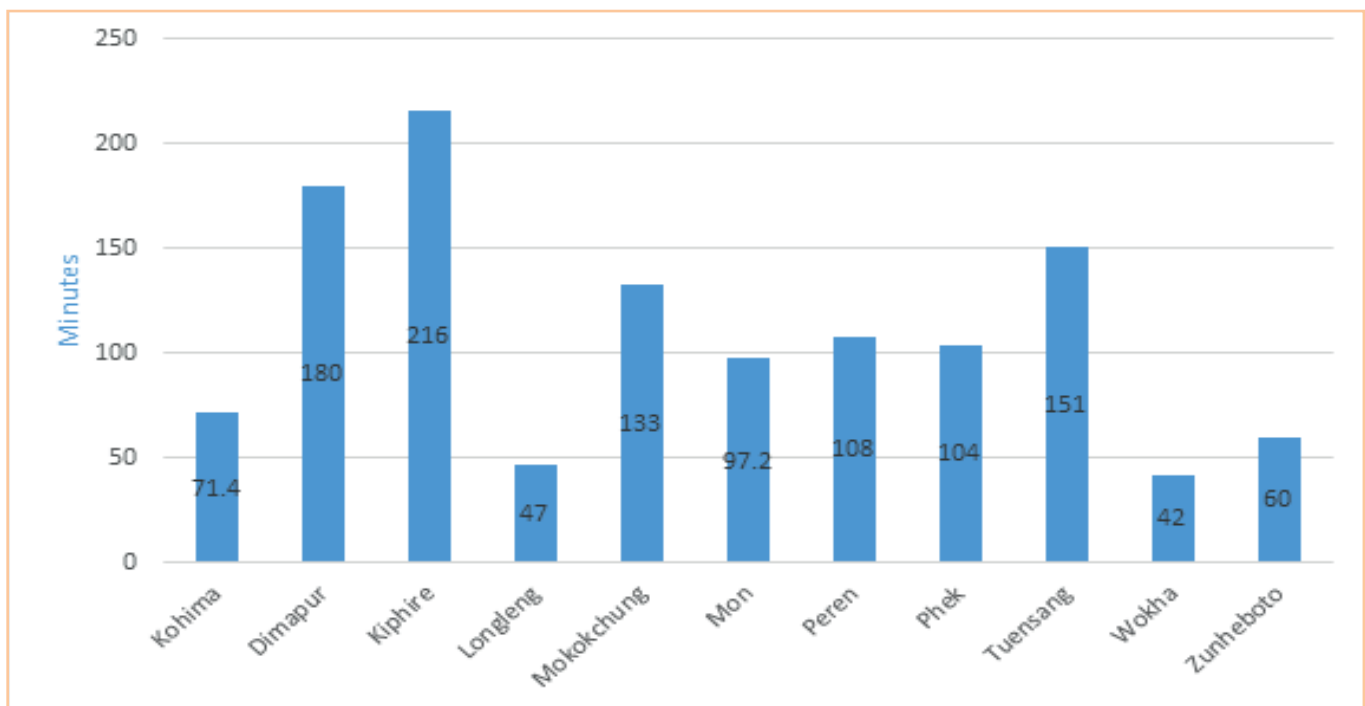
Figure 15.3: Average time spent on employment/paid and related activities



**15.3 District wise average time spent in a day on learning, reading, studying, schooling and tuition.**

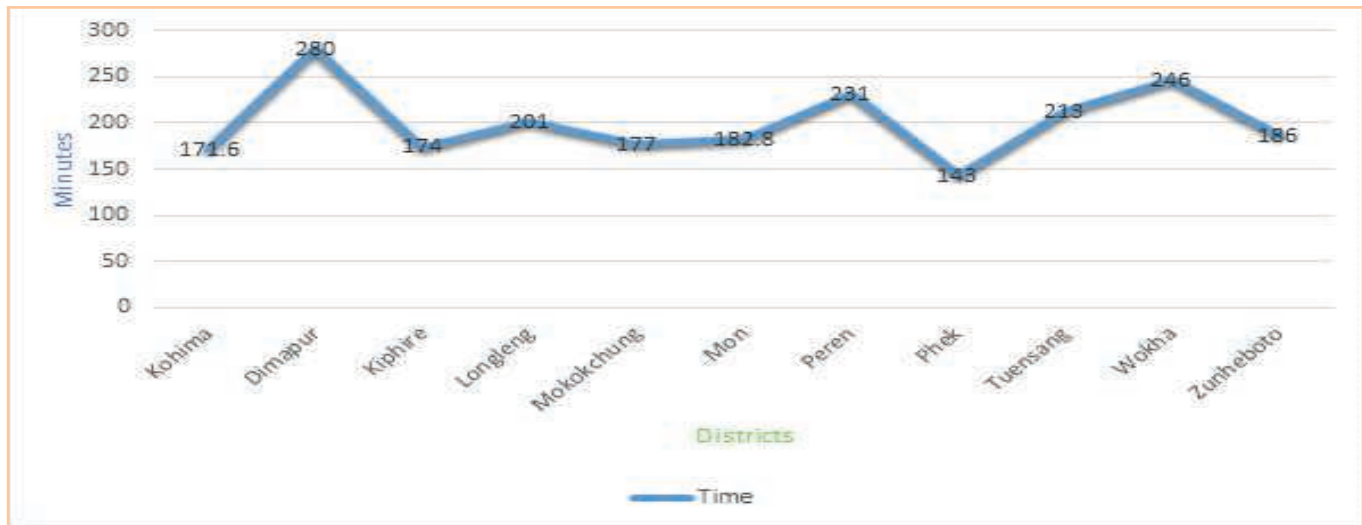
Kiphire district has the most average time spent in a day on learning, reading, studying, schooling and tuition with 216 minutes and Wokha district with 42 minutes has the lowest average time spent on such activities.

Figure 15.3: Average time spent in a day on learning, reading, studying, schooling and tuition



**15.4 District wise average time spent in a day on leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting**

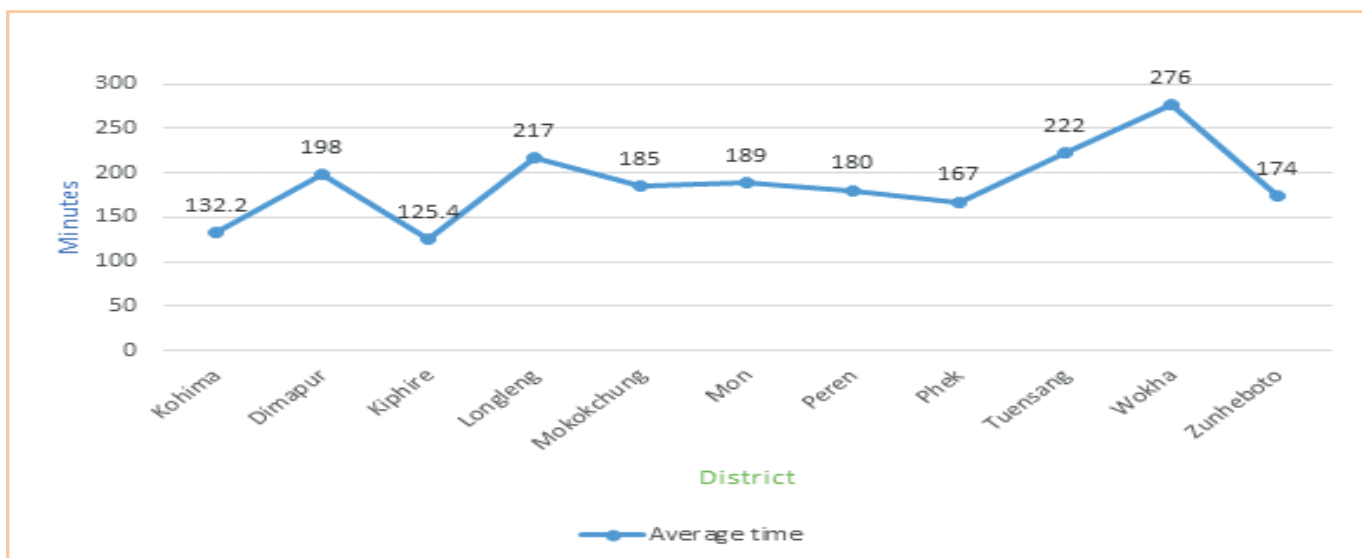
**Figure 15.4: Average time spent on leisure, social media, sports, religious activity, social and cultural gathering, shopping, family time, chatting**



**15.5 District wise average time spent in a day on Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care**

On an average, Wokha population has more time spent in a day on cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care with 276 minutes and the lowest average time spent on such activities is 125.4 minutes by Kiphire district.

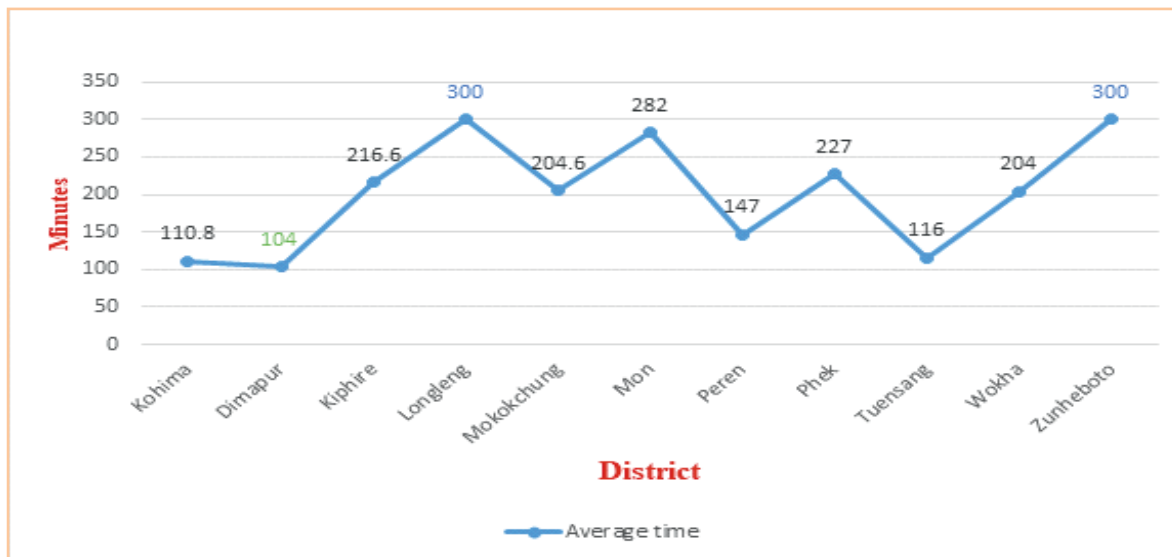
**Figure 15.5: Average time spent in a day on Cleaning, cooking, child care, care giving, gardening, collecting/chopping firewood, collecting animal feeds, pet care**



**15.6 District wise average time spent on office work, wage labour, farm work, and business**

From the table given below, the residents of Longleng and Zunheboto districts spent most time on office work, wage work, farm work and businesses in a day. Whereas, the residents of Dimapur district spent less time on the above mentioned activities.

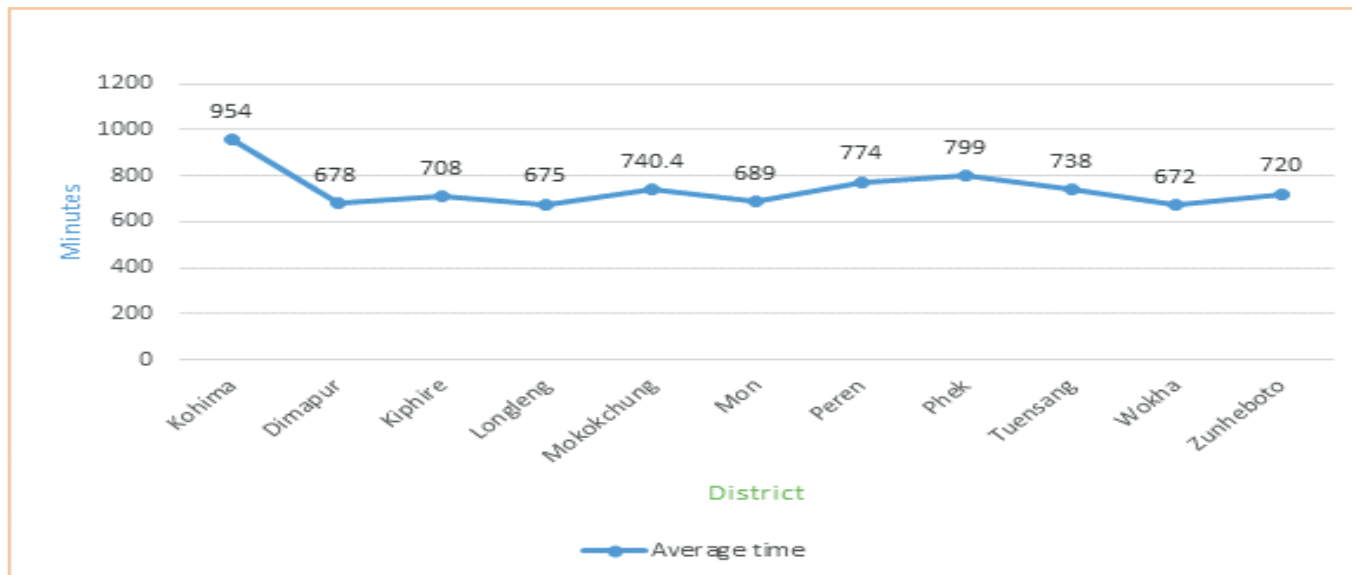
**Figure 15.6: Average time spent on office work, wage labour, farm work, and business**



**15.7 District wise average time spent on self-care and maintenance, eating and drinking, sleeping**

On an average, the residents of Kohima district spent 954 minutes in a day on self-care and maintenance, eating, drinking and sleeping, which is highest average time spent in 24 hours compared to other districts. Whereas, the residents of Wokha district spent least time (672 minutes) in a day for such activities.

**Figure 15.7: Average time spent on self-care and maintenance, eating and drinking, sleeping**









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